

































## Sesuit Harbor, East Dennis, MA - Mar 2057

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	7:24	10.8	8:04	9.4	1:04	0.4	1:48	-0.5	6:14	5:31	
2	Fri	8:25	10.9	9:04	9.7	2:06	0.3	2:48	-0.7	6:12	5:32	
3	Sat	9:23	11.1	9:59	10.0	3:04	0.1	3:43	-0.8	6:10	5:33	
4	Sun	10:17	11.2	10:48	10.2	3:59	-0.2	4:33	-0.9	6:09	5:34	
5	Mon	11:06	11.1	11:33	10.4	4:50	-0.4	5:20	-0.9	6:07	5:36	
6	Tue	11:51	11.0			5:36	-0.5	6:03	-0.8	6:05	5:37	
7	Wed	12:16	10.5	12:34	10.7	6:21	-0.4	6:44	-0.5	6:04	5:38	
8	Thu	12:56	10.4	1:16	10.3	7:05	-0.3	7:25	-0.1	6:02	5:39	
9	Fri	1:37	10.3	2:00	9.9	7:48	-0.1	8:08	0.3	6:01	5:40	
10	Sat	2:19	10.0	2:44	9.4	8:34	0.2	8:52	0.7	5:59	5:41	
11	Sun	4:04	9.8	4:32	8.9	10:21	0.5	10:39	1.2	6:57	6:43	
12	Mon	4:52	9.4	5:23	8.5	11:11	0.8	11:29	1.5	6:56	6:44	
13	Tue	5:43	9.2	6:17	8.2			12:04	1.1	6:54	6:45	
14	Wed	6:38	9.0	7:14	8.1	12:22	1.8	1:00	1.2	6:52	6:46	
15	Thu	7:35	9.0	8:12	8.1	1:18	1.9	1:57	1.2	6:50	6:47	
16	Fri	8:30	9.2	9:06	8.4	2:14	1.8	2:52	1.0	6:49	6:48	
17	Sat	9:22	9.5	9:55	8.8	3:07	1.6	3:42	0.7	6:47	6:49	
18	Sun	10:11	9.9	10:40	9.3	3:57	1.1	4:29	0.3	6:45	6:50	
19	Mon	10:57	10.3	11:24	9.8	4:44	0.6	5:13	-0.1	6:44	6:52	
20	Tue	11:42	10.7			5:30	0.1	5:56	-0.5	6:42	6:53	
21	Wed	12:06	10.4	12:26	11.0	6:15	-0.5	6:38	-0.8	6:40	6:54	
22	Thu	12:49	10.9	1:11	11.1	7:00	-1.0	7:22	-0.9	6:39	6:55	
23	Fri	1:32	11.4	1:58	11.1	7:46	-1.3	8:07	-0.9	6:37	6:56	
24	Sat	2:18	11.6	2:47	10.9	8:35	-1.4	8:55	-0.7	6:35	6:57	
25	Sun	3:07	11.6	3:39	10.6	9:27	-1.3	9:47	-0.4	6:33	6:58	
26	Mon	4:00	11.5	4:35	10.2	10:23	-1.1	10:42	0.0	6:32	6:59	
27	Tue	4:57	11.2	5:36	9.8	11:22	-0.8	11:42	0.3	6:30	7:00	
28	Wed	5:59	10.9	6:40	9.5			12:23	-0.5	6:28	7:02	
29	Thu	7:03	10.6	7:46	9.5	12:44	0.6	1:28	-0.2	6:27	7:03	
30	Fri	8:09	10.6	8:50	9.6	1:49	0.6	2:31	-0.2	6:25	7:04	
31	Sat	9:12	10.6	9:50	9.9	2:52	0.5	3:30	-0.2	6:23	7:05	