

South Yarmouth, MA - Jul 2019

| Date | | High | | | | Low | | | | ☀ | | ☾ |
|------|-----|-------|-----|-------|-----|-------|------|-------|------|------|------|------|
| | | AM | ft | PM | ft | AM | ft | PM | ft | Rise | Set | Moon |
| 1 | Mon | | | 12:36 | 2.7 | 6:25 | 0.0 | 6:33 | 0.2 | 5:10 | 8:19 | ☾ |
| 2 | Tue | 12:45 | 3.2 | 1:24 | 2.8 | 7:13 | -0.1 | 7:21 | 0.1 | 5:10 | 8:18 | ☾ |
| 3 | Wed | 1:32 | 3.3 | 2:14 | 2.8 | 8:01 | -0.2 | 8:10 | 0.1 | 5:11 | 8:18 | ☾ |
| 4 | Thu | 2:22 | 3.4 | 3:04 | 2.9 | 8:50 | -0.3 | 9:01 | 0.0 | 5:11 | 8:18 | ☾ |
| 5 | Fri | 3:14 | 3.4 | 3:56 | 3.0 | 9:40 | -0.3 | 9:54 | 0.0 | 5:12 | 8:18 | ☾ |
| 6 | Sat | 4:07 | 3.3 | 4:48 | 3.0 | 10:31 | -0.3 | 10:48 | 0.0 | 5:12 | 8:18 | ☾ |
| 7 | Sun | 5:02 | 3.3 | 5:42 | 3.0 | 11:23 | -0.3 | 11:45 | 0.0 | 5:13 | 8:17 | ☾ |
| 8 | Mon | 5:59 | 3.1 | 6:39 | 3.0 | | | 12:18 | -0.2 | 5:14 | 8:17 | ☾ |
| 9 | Tue | 7:00 | 3.0 | 7:37 | 3.0 | 12:45 | 0.1 | 1:14 | -0.1 | 5:14 | 8:17 | ☾ |
| 10 | Wed | 8:02 | 2.9 | 8:35 | 3.0 | 1:47 | 0.1 | 2:11 | 0.0 | 5:15 | 8:16 | ☾ |
| 11 | Thu | 9:06 | 2.8 | 9:33 | 3.0 | 2:49 | 0.1 | 3:09 | 0.1 | 5:16 | 8:16 | ☾ |
| 12 | Fri | 10:10 | 2.7 | 10:31 | 3.0 | 3:51 | 0.1 | 4:07 | 0.2 | 5:17 | 8:15 | ☾ |
| 13 | Sat | 11:11 | 2.7 | 11:26 | 3.1 | 4:53 | 0.1 | 5:03 | 0.3 | 5:17 | 8:15 | ☾ |
| 14 | Sun | | | 12:08 | 2.7 | 5:49 | 0.0 | 5:56 | 0.3 | 5:18 | 8:14 | ☾ |
| 15 | Mon | 12:17 | 3.1 | 12:58 | 2.7 | 6:40 | 0.0 | 6:45 | 0.3 | 5:19 | 8:13 | ☾ |
| 16 | Tue | 1:03 | 3.1 | 1:44 | 2.7 | 7:26 | 0.0 | 7:31 | 0.3 | 5:20 | 8:13 | ☾ |
| 17 | Wed | 1:47 | 3.0 | 2:27 | 2.7 | 8:09 | 0.0 | 8:14 | 0.3 | 5:21 | 8:12 | ☾ |
| 18 | Thu | 2:29 | 3.0 | 3:08 | 2.7 | 8:50 | 0.0 | 8:57 | 0.3 | 5:21 | 8:11 | ☾ |
| 19 | Fri | 3:11 | 3.0 | 3:48 | 2.7 | 9:30 | 0.1 | 9:39 | 0.4 | 5:22 | 8:11 | ☾ |
| 20 | Sat | 3:52 | 2.9 | 4:27 | 2.7 | 10:09 | 0.1 | 10:21 | 0.4 | 5:23 | 8:10 | ☾ |
| 21 | Sun | 4:33 | 2.9 | 5:06 | 2.7 | 10:49 | 0.2 | 11:04 | 0.4 | 5:24 | 8:09 | ☾ |
| 22 | Mon | 5:15 | 2.8 | 5:47 | 2.7 | 11:30 | 0.2 | 11:49 | 0.4 | 5:25 | 8:08 | ☾ |
| 23 | Tue | 6:00 | 2.7 | 6:30 | 2.7 | | | 12:12 | 0.3 | 5:26 | 8:08 | ☾ |
| 24 | Wed | 6:47 | 2.6 | 7:15 | 2.7 | 12:37 | 0.5 | 12:57 | 0.4 | 5:27 | 8:07 | ☾ |
| 25 | Thu | 7:37 | 2.5 | 8:02 | 2.7 | 1:28 | 0.5 | 1:44 | 0.4 | 5:28 | 8:06 | ☾ |
| 26 | Fri | 8:29 | 2.5 | 8:50 | 2.8 | 2:19 | 0.4 | 2:33 | 0.4 | 5:29 | 8:05 | ☾ |
| 27 | Sat | 9:23 | 2.5 | 9:41 | 2.8 | 3:13 | 0.4 | 3:25 | 0.4 | 5:30 | 8:04 | ☾ |
| 28 | Sun | 10:19 | 2.5 | 10:34 | 3.0 | 4:08 | 0.3 | 4:18 | 0.4 | 5:31 | 8:03 | ☾ |
| 29 | Mon | 11:14 | 2.6 | 11:27 | 3.1 | 5:03 | 0.1 | 5:12 | 0.3 | 5:32 | 8:02 | ☾ |
| 30 | Tue | | | 12:07 | 2.7 | 5:56 | 0.0 | 6:06 | 0.2 | 5:33 | 8:01 | ☾ |
| 31 | Wed | 12:19 | 3.2 | 12:59 | 2.8 | 6:48 | -0.2 | 6:58 | 0.0 | 5:34 | 8:00 | ☾ |