US HARBORS www.USHarbors.com

South Yarmouth, MA - Jul 2026

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	2:26	2.9	3:07	2.5	8:49	0.1	8:52	0.5	5:10	8:19	
2	Thu	3:06	2.9	3:45	2.6	9:27	0.1	9:33	0.4	5:10	8:18	
3	Fri	3:45	2.9	4:23	2.6	10:05	0.1	10:15	0.4	5:11	8:18	
4	Sat	4:25	2.9	5:01	2.6	10:44	0.1	10:58	0.4	5:11	8:18	
5	Sun	5:07	2.8	5:41	2.7	11:24	0.2	11:44	0.4	5:12	8:18	
6	Mon	5:52	2.8	6:23	2.8			12:07	0.2	5:13	8:17	
7	Tue	6:41	2.7	7:10	2.9	12:33	0.3	12:54	0.2	5:13	8:17	
8	Wed	7:34	2.7	7:59	2.9	1:27	0.3	1:43	0.2	5:14	8:17	
9	Thu	8:30	2.6	8:52	3.0	2:23	0.2	2:36	0.3	5:15	8:16	
10	Fri	9:30	2.6	9:49	3.1	3:21	0.1	3:33	0.3	5:15	8:16	
11	Sat	10:32	2.6	10:49	3.2	4:22	0.0	4:32	0.2	5:16	8:16	
12	Sun	11:34	2.7	11:48	3.3	5:23	-0.1	5:32	0.2	5:17	8:15	
13	Mon			12:33	2.8	6:21	-0.2	6:29	0.1	5:18	8:14	
14	Tue	12:45	3.4	1:31	2.8	7:17	-0.3	7:26	0.0	5:18	8:14	
15	Wed	1:42	3.4	2:27	2.9	8:10	-0.3	8:21	0.0	5:19	8:13	
16	Thu	2:38	3.4	3:21	3.0	9:03	-0.3	9:16	0.0	5:20	8:13	
17	Fri	3:34	3.3	4:13	3.0	9:53	-0.3	10:10	0.0	5:21	8:12	
18	Sat	4:28	3.2	5:03	3.0	10:43	-0.2	11:04	0.1	5:22	8:11	
19	Sun	5:21	3.0	5:54	2.9	11:32	0.0	11:59	0.2	5:23	8:11	
20	Mon	6:15	2.8	6:45	2.9			12:23	0.2	5:24	8:10	
21	Tue	7:11	2.7	7:36	2.8	12:56	0.3	1:14	0.3	5:24	8:09	
22	Wed	8:09	2.5	8:29	2.8	1:53	0.3	2:06	0.5	5:25	8:08	
23	Thu	9:07	2.4	9:22	2.7	2:51	0.4	2:59	0.6	5:26	8:07	
24	Fri	10:06	2.3	10:16	2.7	3:49	0.4	3:53	0.6	5:27	8:06	
25	Sat	11:03	2.3	11:09	2.8	4:47	0.4	4:46	0.6	5:28	8:06	
26	Sun	11:54	2.4	11:57	2.8	5:39	0.4	5:36	0.6	5:29	8:05	
27	Mon			12:39	2.4	6:25	0.3	6:22	0.5	5:30	8:04	
28	Tue	12:41	2.9	1:21	2.5	7:05	0.2	7:05	0.5	5:31	8:03	
29	Wed	1:22	2.9	2:00	2.6	7:44	0.2	7:46	0.4	5:32	8:02	
30	Thu	2:01	2.9	2:37	2.6	8:21	0.1	8:27	0.3	5:33	8:01	
31	Fri	2:41	3.0	3:14	2.7	8:58	0.1	9:08	0.3	5:34	7:59	