
































## Vineyard Haven, Martha's Vineyard, MA - Jul 2010

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	3:30	1.7	3:58	1.6	8:47	0.2	9:01	0.4	5:12	8:20	
2	Fri	4:09	1.6	4:39	1.6	9:23	0.3	9:48	0.5	5:13	8:19	
3	Sat	4:48	1.5	5:19	1.6	10:01	0.3	10:43	0.6	5:13	8:19	
4	Sun	5:30	1.4	5:59	1.6	10:45	0.4	11:51	0.7	5:14	8:19	
5	Mon	6:14	1.4	6:43	1.6	11:36	0.4			5:14	8:19	
6	Tue	7:05	1.4	7:35	1.7	1:05	0.6	12:31	0.4	5:15	8:18	
7	Wed	8:04	1.4	8:35	1.8	2:09	0.5	1:29	0.3	5:16	8:18	
8	Thu	9:08	1.5	9:37	1.9	3:03	0.4	2:25	0.2	5:16	8:18	
9	Fri	10:08	1.6	10:33	2.0	3:51	0.3	3:18	0.0	5:17	8:17	
10	Sat	11:02	1.8	11:25	2.2	4:39	0.1	4:11	-0.1	5:18	8:17	
11	Sun	11:54	1.9			5:27	0.0	5:04	-0.2	5:18	8:17	
12	Mon	12:16	2.3	12:45	2.1	6:16	-0.1	5:59	-0.2	5:19	8:16	
13	Tue	1:06	2.3	1:36	2.2	7:03	-0.2	6:54	-0.2	5:20	8:16	
14	Wed	1:56	2.3	2:28	2.2	7:45	-0.2	7:48	-0.2	5:21	8:15	
15	Thu	2:48	2.2	3:21	2.2	8:26	-0.2	8:42	0.0	5:21	8:14	
16	Fri	3:41	2.1	4:17	2.2	9:07	-0.1	9:39	0.2	5:22	8:14	
17	Sat	4:36	2.0	5:13	2.2	9:52	0.0	10:54	0.4	5:23	8:13	
18	Sun	5:32	1.8	6:09	2.1	10:44	0.2			5:24	8:12	
19	Mon	6:29	1.7	7:07	2.1	12:40	0.5	11:45 AM	0.3	5:25	8:12	
20	Tue	7:29	1.6	8:10	2.0	2:00	0.5	12:53	0.4	5:26	8:11	
21	Wed	8:34	1.6	9:14	2.0	3:00	0.5	1:58	0.4	5:27	8:10	
22	Thu	9:38	1.6	10:13	2.0	3:49	0.5	2:52	0.4	5:27	8:09	
23	Fri	10:33	1.7	11:03	2.0	4:30	0.4	3:38	0.4	5:28	8:08	
24	Sat	11:22	1.7	11:48	2.0	5:04	0.4	4:21	0.3	5:29	8:08	
25	Sun			12:06	1.8	5:35	0.3	5:05	0.3	5:30	8:07	
26	Mon	12:28	2.0	12:47	1.8	6:05	0.3	5:49	0.2	5:31	8:06	
27	Tue	1:06	2.0	1:26	1.8	6:37	0.2	6:33	0.2	5:32	8:05	
28	Wed	1:42	1.9	2:03	1.8	7:09	0.2	7:15	0.2	5:33	8:04	
29	Thu	2:17	1.8	2:40	1.8	7:40	0.1	7:55	0.3	5:34	8:03	
30	Fri	2:52	1.7	3:16	1.7	8:11	0.2	8:34	0.4	5:35	8:02	
31	Sat	3:28	1.6	3:54	1.7	8:43	0.2	9:13	0.5	5:36	8:01	