

































## Vineyard Haven, Martha's Vineyard, MA - Jan 2026

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	9:28	2.1	9:55	1.7	2:05	-0.3	3:41	-0.2	7:08	4:23	
2	Fri	10:24	2.2	10:49	1.9	3:02	-0.4	4:36	-0.2	7:08	4:24	
3	Sat	11:17	2.3	11:41	1.9	3:57	-0.4	5:29	-0.3	7:08	4:25	
4	Sun			12:08	2.2	4:54	-0.4	6:17	-0.3	7:08	4:26	
5	Mon	12:32	2.0	12:58	2.2	5:48	-0.4	6:57	-0.3	7:08	4:27	
6	Tue	1:23	2.0	1:47	2.0	6:39	-0.3	7:32	-0.2	7:08	4:28	
7	Wed	2:14	1.9	2:37	1.8	7:26	-0.1	8:05	-0.1	7:08	4:29	
8	Thu	3:06	1.8	3:26	1.7	8:13	0.1	8:39	0.0	7:08	4:30	
9	Fri	3:58	1.7	4:15	1.5	9:05	0.3	9:19	0.2	7:08	4:31	
10	Sat	4:49	1.6	5:04	1.3	10:10	0.4	10:06	0.3	7:07	4:32	
11	Sun	5:40	1.6	5:54	1.2	11:35	0.5	11:01	0.3	7:07	4:33	
12	Mon	6:33	1.5	6:50	1.2			12:48	0.5	7:07	4:34	
13	Tue	7:33	1.5	7:52	1.1	12:01	0.3	1:42	0.4	7:06	4:35	
14	Wed	8:32	1.5	8:50	1.2	12:59	0.3	2:26	0.3	7:06	4:36	
15	Thu	9:22	1.5	9:37	1.3	1:52	0.2	3:08	0.2	7:06	4:37	
16	Fri	10:04	1.6	10:18	1.4	2:40	0.1	3:50	0.1	7:05	4:38	
17	Sat	10:41	1.7	10:56	1.5	3:25	0.0	4:31	0.0	7:05	4:39	
18	Sun	11:17	1.7	11:34	1.5	4:09	-0.1	5:10	-0.1	7:04	4:41	
19	Mon	11:52	1.8			4:52	-0.1	5:45	-0.1	7:04	4:42	
20	Tue	12:12	1.6	12:29	1.8	5:33	-0.2	6:16	-0.2	7:03	4:43	
21	Wed	12:52	1.6	1:09	1.8	6:13	-0.2	6:45	-0.2	7:02	4:44	
22	Thu	1:34	1.7	1:51	1.7	6:52	-0.2	7:16	-0.2	7:02	4:45	
23	Fri	2:18	1.7	2:38	1.7	7:33	-0.1	7:51	-0.2	7:01	4:47	
24	Sat	3:07	1.7	3:29	1.6	8:19	0.0	8:31	-0.2	7:00	4:48	
25	Sun	3:59	1.7	4:24	1.5	9:15	0.1	9:20	-0.1	6:59	4:49	
26	Mon	4:54	1.8	5:22	1.4	10:30	0.2	10:21	0.0	6:59	4:50	
27	Tue	5:54	1.8	6:25	1.4			12:23	0.2	6:58	4:52	
28	Wed	7:01	1.8	7:35	1.4			1:50	0.1	6:57	4:53	
29	Thu	8:13	1.9	8:43	1.5	12:47	0.0	2:50	0.0	6:56	4:54	
30	Fri	9:18	2.0	9:43	1.7	1:58	-0.1	3:43	-0.1	6:55	4:55	
31	Sat	10:15	2.1	10:36	1.8	2:59	-0.3	4:32	-0.2	6:54	4:57	