US HARBORS www.USHarbors.com

Atlantic Heights, NH - Mar 1700

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	**7:27**	8.1	**8:14**	7.4	**12:57**	0.5	**1:47**	-0.2	6:22	5:36	
2	Tue	**8:33**	8.5	**9:15**	7.8	**2:04**	0.1	**2:50**	-0.6	6:21	5:37	
3	Wed	**9:34**	8.9	**10:11**	8.3	**3:06**	-0.3	**3:47**	-1.0	6:19	5:39	
4	Thu	**10:30**	9.2	**11:04**	8.7	**4:03**	-0.7	**4:39**	-1.3	6:17	5:40	
5	Fri	**11:24**	9.3	**11:54**	8.9	**4:58**	-1.1	**5:30**	-1.5	6:16	5:41	
6	Sat			**12:16**	9.3	**5:50**	-1.3	**6:19**	-1.4	6:14	5:42	
7	Sun	**12:43**	9.0	**1:06**	9.1	**6:41**	-1.3	**7:06**	-1.2	6:12	5:43	
8	Mon	**1:30**	8.9	**1:56**	8.7	**7:32**	-1.1	**7:54**	-0.7	6:10	5:45	
9	Tue	**2:18**	8.7	**2:48**	8.2	**8:23**	-0.7	**8:43**	-0.2	6:09	5:46	
10	Wed	**3:08**	8.3	**3:42**	7.6	**9:16**	-0.3	**9:34**	0.3	6:07	5:47	
11	Thu	**4:01**	7.9	**4:39**	7.1	**10:13**	0.1	**10:29**	0.8	6:05	5:48	
12	Fri	**4:57**	7.5	**5:39**	6.8	**11:12**	0.5	**11:28**	1.2	6:04	5:50	
13	Sat	**5:55**	7.2	**6:41**	6.6			**12:15**	0.8	6:02	5:51	
14	Sun	**6:57**	7.1	**7:42**	6.5	**12:30**	1.4	**1:18**	0.9	6:00	5:52	
15	Mon	**7:57**	7.1	**8:37**	6.7	**1:33**	1.4	**2:16**	0.8	5:58	5:53	
16	Tue	**8:50**	7.3	**9:25**	6.9	**2:29**	1.2	**3:05**	0.6	5:56	5:54	
17	Wed	**9:37**	7.5	**10:07**	7.2	**3:17**	0.9	**3:48**	0.4	5:55	5:55	
18	Thu	**10:20**	7.7	**10:46**	7.4	**3:59**	0.7	**4:25**	0.2	5:53	5:57	
19	Fri	**10:59**	7.8	**11:22**	7.7	**4:37**	0.4	**5:00**	0.1	5:51	5:58	
20	Sat	**11:36**	7.9	**11:55**	7.8	**5:14**	0.2	**5:33**	0.0	5:49	5:59	
21	Sun			**12:12**	7.9	**5:49**	0.0	**6:06**	0.0	5:48	6:00	
22	Mon	**12:28**	8.0	**12:47**	7.9	**6:25**	-0.2	**6:40**	0.0	5:46	6:01	
23	Tue	**1:01**	8.1	**1:24**	7.9	**7:02**	-0.3	**7:17**	0.0	5:44	6:02	
24	Wed	**1:37**	8.2	**2:04**	7.7	**7:43**	-0.3	**7:57**	0.1	5:42	6:04	
25	Thu	**2:17**	8.2	**2:49**	7.5	**8:28**	-0.3	**8:43**	0.3	5:40	6:05	
26	Fri	**3:03**	8.2	**3:41**	7.4	**9:18**	-0.2	**9:34**	0.4	5:39	6:06	
27	Sat	**3:56**	8.1	**4:39**	7.2	**10:14**	0.0	**10:31**	0.6	5:37	6:07	
28	Sun	**4:56**	8.0	**5:43**	7.2	**11:15**	0.0	**11:35**	0.6	5:35	6:08	
29	Mon	**6:02**	8.0	**6:51**	7.3			**12:21**	0.0	5:33	6:09	
30	Tue	**7:12**	8.1	**7:59**	7.6	**12:43**	0.5	**1:29**	-0.2	5:31	6:11	
31	Wed	**8:20**	8.3	**8:59**	8.0	**1:52**	0.2	**2:32**	-0.4	5:30	6:12	