US HARBORS www.USHarbors.com

Atlantic Heights, NH - Aug 1709

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	7:01	6.4	7:16	7.9	12:41	0.9	12:45	1.3	4:36	7:08	
2	Fri	8:05	6.6	8:17	8.2	1:43	0.6	1:46	1.1	4:37	7:07	
3	Sat	9:05	6.9	9:16	8.7	2:44	0.2	2:46	0.7	4:38	7:06	
4	Sun	10:01	7.3	10:12	9.0	3:40	-0.3	3:43	0.3	4:39	7:05	
5	Mon	10:55	7.7	11:07	9.3	4:33	-0.7	4:39	-0.1	4:41	7:03	
6	Tue	11:48	8.1			5:25	-1.0	5:34	-0.4	4:42	7:02	
7	Wed	12:01	9.5	12:39	8.5	6:15	-1.2	6:29	-0.6	4:43	7:01	
8	Thu	12:55	9.4	1:29	8.7	7:04	-1.2	7:23	-0.7	4:44	6:59	
9	Fri	1:48	9.1	2:19	8.8	7:53	-1.0	8:19	-0.6	4:45	6:58	
10	Sat	2:43	8.6	3:12	8.7	8:44	-0.6	9:17	-0.4	4:46	6:57	
11	Sun	3:41	8.1	4:07	8.5	9:37	-0.1	10:18	-0.1	4:47	6:55	
12	Mon	4:42	7.6	5:04	8.3	10:33	0.4	11:21	0.2	4:48	6:54	
13	Tue	5:45	7.1	6:04	8.0	11:32	0.9			4:49	6:52	
14	Wed	6:50	6.8	7:07	7.8	12:27	0.5	12:35	1.2	4:50	6:51	
15	Thu	7:55	6.6	8:08	7.7	1:33	0.6	1:40	1.4	4:52	6:50	
16	Fri	8:54	6.7	9:04	7.8	2:34	0.6	2:38	1.3	4:53	6:48	
17	Sat	9:46	6.8	9:53	7.9	3:27	0.5	3:29	1.2	4:54	6:47	
18	Sun	10:31	6.9	10:37	8.0	4:13	0.4	4:14	1.1	4:55	6:45	
19	Mon	11:12	7.1	11:17	8.0	4:54	0.3	4:55	0.9	4:56	6:43	
20	Tue	11:49	7.2	11:55	8.0	5:30	0.3	5:33	0.8	4:57	6:42	
21	Wed			12:24	7.4	6:03	0.3	6:09	0.8	4:58	6:40	
22	Thu	12:30	7.9	12:55	7.5	6:34	0.3	6:44	0.7	4:59	6:39	
23	Fri	1:04	7.7	1:26	7.5	7:04	0.4	7:19	0.7	5:00	6:37	
24	Sat	1:38	7.5	1:58	7.6	7:35	0.6	7:56	0.7	5:01	6:35	
25	Sun	2:15	7.3	2:32	7.6	8:10	0.7	8:37	0.7	5:03	6:34	
26	Mon	2:55	7.0	3:10	7.6	8:48	0.9	9:22	0.8	5:04	6:32	
27	Tue	3:40	6.8	3:55	7.6	9:31	1.1	10:12	0.8	5:05	6:31	
28	Wed	4:31	6.6	4:47	7.6	10:21	1.3	11:08	0.9	5:06	6:29	
29	Thu	5:29	6.4	5:46	7.7	11:16	1.3			5:07	6:27	
30	Fri	6:34	6.5	6:50	7.9	12:11	0.8	12:18	1.2	5:08	6:25	
31	Sat	7:41	6.7	7:57	8.2	1:18	0.5	1:25	1.0	5:09	6:24	