US HARBORS www.USHarbors.com

Atlantic Heights, NH - Jul 1740

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	4:16	7.2	4:55	7.1	10:23	0.8	10:47	1.4	4:10	7:29	
2	Sat	5:05	7.0	5:40	7.2	11:07	0.9	11:38	1.3	4:11	7:29	
3	Sun	5:56	6.9	6:27	7.4	11:54	1.0			4:11	7:29	
4	Mon	6:51	6.8	7:16	7.7	12:32	1.1	12:44	1.0	4:12	7:29	
5	Tue	7:47	6.9	8:05	8.0	1:28	0.8	1:36	0.9	4:13	7:28	
6	Wed	8:42	7.0	8:55	8.4	2:22	0.4	2:28	0.7	4:13	7:28	
7	Thu	9:35	7.3	9:45	8.8	3:14	0.0	3:19	0.5	4:14	7:28	
8	Fri	10:27	7.6	10:35	9.1	4:04	-0.5	4:10	0.2	4:15	7:27	
9	Sat	11:19	7.8	11:27	9.4	4:55	-0.8	5:02	0.0	4:15	7:27	
10	Sun			12:11	8.1	5:46	-1.1	5:55	-0.2	4:16	7:26	
11	Mon	12:20	9.5	1:04	8.2	6:38	-1.2	6:49	-0.3	4:17	7:26	
12	Tue	1:14	9.4	1:57	8.3	7:30	-1.2	7:44	-0.2	4:18	7:25	
13	Wed	2:09	9.2	2:52	8.4	8:23	-1.1	8:42	-0.1	4:19	7:25	
14	Thu	3:07	8.9	3:49	8.4	9:18	-0.8	9:44	0.0	4:19	7:24	
15	Fri	4:08	8.5	4:47	8.4	10:14	-0.5	10:47	0.1	4:20	7:24	
16	Sat	5:10	8.0	5:45	8.3	11:12	-0.1	11:52	0.2	4:21	7:23	
17	Sun	6:14	7.6	6:44	8.3			12:11	0.3	4:22	7:22	
18	Mon	7:19	7.4	7:43	8.2	12:58	0.3	1:12	0.6	4:23	7:21	
19	Tue	8:21	7.2	8:39	8.2	2:01	0.2	2:11	0.8	4:24	7:21	
20	Wed	9:19	7.2	9:30	8.2	2:59	0.1	3:05	0.8	4:25	7:20	
21	Thu	10:10	7.2	10:18	8.2	3:50	0.0	3:54	0.9	4:26	7:19	
22	Fri	10:57	7.2	11:02	8.2	4:37	0.0	4:39	0.9	4:27	7:18	
23	Sat	11:41	7.2	11:43	8.2	5:20	0.0	5:21	0.9	4:28	7:17	
24	Sun			12:21	7.2	6:00	0.0	6:00	0.9	4:29	7:16	
25	Mon	12:22	8.1	12:59	7.2	6:37	0.1	6:38	0.9	4:30	7:15	
26	Tue	1:00	8.0	1:35	7.2	7:12	0.2	7:16	1.0	4:31	7:14	
27	Wed	1:37	7.9	2:11	7.2	7:46	0.3	7:54	1.0	4:32	7:13	
28	Thu	2:14	7.7	2:48	7.3	8:21	0.4	8:35	1.1	4:33	7:12	
29	Fri	2:54	7.5	3:26	7.3	8:59	0.5	9:19	1.1	4:34	7:11	
30	Sat	3:37	7.3	4:07	7.3	9:39	0.7	10:05	1.1	4:35	7:10	
31	Sun	4:23	7.0	4:51	7.4	10:22	0.8	10:55	1.0	4:36	7:09	