US HARBORS www.USHarbors.com

Atlantic Heights, NH - Jan 1776

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	**7:58**	8.2	**8:34**	7.4	**1:27**	0.2	**2:13**	-0.1	7:19	4:22	
2	Tue	**8:53**	8.3	**9:30**	7.4	**2:26**	0.3	**3:10**	-0.3	7:19	4:23	
3	Wed	**9:44**	8.4	**10:21**	7.4	**3:19**	0.4	**4:01**	-0.4	7:19	4:24	
4	Thu	**10:31**	8.4	**11:08**	7.4	**4:07**	0.4	**4:47**	-0.5	7:19	4:25	
5	Fri	**11:14**	8.4	**11:52**	7.4	**4:52**	0.4	**5:30**	-0.5	7:19	4:26	
6	Sat	**11:56**	8.3			**5:33**	0.5	**6:10**	-0.4	7:19	4:27	
7	Sun	**12:32**	7.3	**12:35**	8.2	**6:13**	0.6	**6:48**	-0.2	7:18	4:28	
8	Mon	**1:10**	7.3	**1:12**	8.0	**6:51**	0.7	**7:24**	-0.1	7:18	4:29	
9	Tue	**1:48**	7.2	**1:50**	7.8	**7:30**	0.8	**8:01**	0.1	7:18	4:30	
10	Wed	**2:26**	7.1	**2:30**	7.5	**8:10**	0.9	**8:39**	0.3	7:18	4:31	
11	Thu	**3:06**	7.0	**3:12**	7.2	**8:53**	1.0	**9:19**	0.5	7:17	4:33	
12	Fri	**3:48**	7.0	**3:58**	7.0	**9:39**	1.1	**10:02**	0.7	7:17	4:34	
13	Sat	**4:33**	7.0	**4:48**	6.7	**10:28**	1.2	**10:48**	0.9	7:17	4:35	
14	Sun	**5:19**	7.0	**5:42**	6.6	**11:21**	1.1	**11:37**	1.0	7:16	4:36	
15	Mon	**6:09**	7.1	**6:39**	6.5			**12:17**	1.0	7:16	4:37	
16	Tue	**7:02**	7.4	**7:39**	6.6	**12:30**	1.0	**1:16**	0.7	7:15	4:38	
17	Wed	**7:56**	7.7	**8:37**	6.9	**1:26**	0.9	**2:14**	0.3	7:15	4:40	
18	Thu	**8:49**	8.2	**9:30**	7.2	**2:22**	0.6	**3:07**	-0.2	7:14	4:41	
19	Fri	**9:40**	8.6	**10:21**	7.6	**3:14**	0.2	**3:58**	-0.7	7:14	4:42	
20	Sat	**10:31**	9.0	**11:12**	8.0	**4:06**	-0.2	**4:48**	-1.1	7:13	4:43	
21	Sun	**11:23**	9.4			**4:57**	-0.5	**5:38**	-1.5	7:12	4:45	
22	Mon	**12:02**	8.3	**12:14**	9.5	**5:49**	-0.7	**6:28**	-1.6	7:11	4:46	
23	Tue	**12:53**	8.5	**1:06**	9.5	**6:41**	-0.9	**7:18**	-1.6	7:11	4:47	
24	Wed	**1:43**	8.6	**1:59**	9.2	**7:35**	-0.8	**8:09**	-1.4	7:10	4:48	
25	Thu	**2:36**	8.5	**2:55**	8.8	**8:31**	-0.7	**9:02**	-1.0	7:09	4:50	
26	Fri	**3:32**	8.4	**3:55**	8.3	**9:31**	-0.4	**9:59**	-0.6	7:08	4:51	
27	Sat	**4:30**	8.3	**4:58**	7.8	**10:34**	-0.2	**10:58**	-0.1	7:07	4:52	
28	Sun	**5:30**	8.1	**6:04**	7.4	**11:39**	0.0	**11:59**	0.3	7:06	4:54	
29	Mon	**6:32**	7.9	**7:11**	7.1			**12:48**	0.1	7:05	4:55	
30	Tue	**7:35**	7.9	**8:16**	7.0	**1:04**	0.6	**1:54**	0.1	7:04	4:56	
31	Wed	**8:34**	7.9	**9:14**	7.0	**2:06**	0.7	**2:53**	0.0	7:03	4:58	