US HARBORS www.USHarbors.com

Atlantic Heights, NH - Jul 1776

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	11:16	7.5	11:20	8.9	4:52	-0.4	4:56	0.4	4:11	7:29	
2	Tue			12:03	7.7	5:38	-0.7	5:44	0.2	4:11	7:29	
3	Wed	12:08	9.1	12:50	7.9	6:25	-0.9	6:33	0.1	4:12	7:29	
4	Thu	12:57	9.2	1:39	8.1	7:13	-1.0	7:25	0.0	4:12	7:29	
5	Fri	1:47	9.1	2:30	8.2	8:02	-0.9	8:19	0.0	4:13	7:28	
6	Sat	2:41	8.9	3:25	8.3	8:55	-0.8	9:17	0.0	4:14	7:28	
7	Sun	3:40	8.6	4:22	8.3	9:49	-0.6	10:18	0.1	4:14	7:28	
8	Mon	4:41	8.3	5:20	8.4	10:46	-0.3	11:22	0.1	4:15	7:27	
9	Tue	5:44	7.9	6:19	8.4	11:44	-0.1			4:16	7:27	
10	Wed	6:50	7.7	7:19	8.5	12:27	0.1	12:45	0.2	4:17	7:26	
11	Thu	7:55	7.5	8:18	8.5	1:33	0.0	1:46	0.4	4:17	7:26	
12	Fri	8:56	7.5	9:13	8.6	2:35	-0.1	2:44	0.5	4:18	7:25	
13	Sat	9:52	7.5	10:04	8.6	3:31	-0.3	3:38	0.5	4:19	7:25	
14	Sun	10:44	7.5	10:52	8.6	4:22	-0.4	4:27	0.5	4:20	7:24	
15	Mon	11:32	7.5	11:38	8.5	5:10	-0.4	5:14	0.6	4:21	7:23	
16	Tue			12:17	7.5	5:54	-0.3	5:58	0.7	4:22	7:23	
17	Wed	12:20	8.4	12:58	7.5	6:36	-0.2	6:39	0.7	4:22	7:22	
18	Thu	1:01	8.3	1:38	7.4	7:14	0.0	7:20	0.8	4:23	7:21	
19	Fri	1:41	8.0	2:17	7.3	7:52	0.1	8:01	1.0	4:24	7:20	
20	Sat	2:21	7.8	2:57	7.3	8:30	0.3	8:44	1.1	4:25	7:20	
21	Sun	3:04	7.5	3:39	7.3	9:10	0.5	9:30	1.2	4:26	7:19	
22	Mon	3:49	7.2	4:22	7.3	9:51	0.7	10:17	1.2	4:27	7:18	
23	Tue	4:36	7.0	5:06	7.3	10:34	0.9	11:07	1.2	4:28	7:17	
24	Wed	5:26	6.8	5:53	7.3	11:20	1.1	11:59	1.2	4:29	7:16	
25	Thu	6:20	6.6	6:42	7.5			12:10	1.2	4:30	7:15	
26	Fri	7:17	6.6	7:34	7.7	12:55	1.0	1:03	1.2	4:31	7:14	
27	Sat	8:14	6.8	8:27	8.0	1:52	0.7	1:57	1.0	4:32	7:13	
28	Sun	9:07	7.0	9:17	8.4	2:45	0.3	2:50	0.7	4:33	7:12	
29	Mon	9:58	7.3	10:07	8.8	3:36	-0.1	3:41	0.4	4:34	7:11	
30	Tue	10:48	7.7	10:58	9.1	4:25	-0.5	4:32	0.1	4:35	7:10	
31	Wed	11:38	8.0	11:49	9.4	5:14	-0.9	5:23	-0.2	4:36	7:09	