US HARBORS www.USHarbors.com

Atlantic Heights, NH - Jan 1786

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	11:52	8.5			5:28	0.5	6:07	-0.5	7:19	4:23	
2	Mon	12:31	7.4	12:34	8.6	6:11	0.3	6:48	-0.7	7:19	4:24	
3	Tue	1:12	7.6	1:17	8.6	6:56	0.1	7:30	-0.7	7:19	4:25	
4	Wed	1:54	7.8	2:04	8.5	7:43	0.0	8:14	-0.7	7:19	4:26	
5	Thu	2:40	8.0	2:54	8.2	8:34	0.0	9:02	-0.5	7:19	4:27	
6	Fri	3:29	8.1	3:50	7.9	9:30	0.0	9:53	-0.3	7:19	4:28	
7	Sat	4:23	8.1	4:50	7.5	10:29	0.0	10:48	0.0	7:18	4:29	
8	Sun	5:20	8.1	5:55	7.2	11:33	0.1	11:48	0.3	7:18	4:30	
9	Mon	6:21	8.2	7:04	7.0			12:40	0.0	7:18	4:31	
10	Tue	7:25	8.2	8:13	7.0	12:52	0.5	1:49	-0.1	7:18	4:32	
11	Wed	8:29	8.3	9:16	7.1	1:57	0.6	2:52	-0.3	7:17	4:33	
12	Thu	9:27	8.5	10:12	7.3	2:59	0.5	3:50	-0.5	7:17	4:34	
13	Fri	10:22	8.6	11:04	7.4	3:55	0.3	4:42	-0.7	7:16	4:35	
14	Sat	11:13	8.7	11:53	7.5	4:47	0.2	5:30	-0.7	7:16	4:37	
15	Sun			12:00	8.6	5:36	0.2	6:15	-0.6	7:16	4:38	
16	Mon	12:37	7.6	12:45	8.4	6:22	0.2	6:56	-0.5	7:15	4:39	
17	Tue	1:19	7.6	1:27	8.1	7:05	0.3	7:35	-0.2	7:14	4:40	
18	Wed	1:59	7.5	2:09	7.8	7:48	0.4	8:14	0.1	7:14	4:41	
19	Thu	2:39	7.4	2:52	7.4	8:32	0.6	8:53	0.4	7:13	4:43	
20	Fri	3:20	7.3	3:38	6.9	9:19	0.8	9:35	0.8	7:12	4:44	
21	Sat	4:03	7.2	4:27	6.5	10:07	1.0	10:19	1.1	7:12	4:45	
22	Sun	4:50	7.0	5:21	6.2	10:59	1.1	11:07	1.4	7:11	4:47	
23	Mon	5:39	7.0	6:19	6.0	11:55	1.2	11:59	1.6	7:10	4:48	
24	Tue	6:33	6.9	7:20	6.0			12:56	1.2	7:09	4:49	
25	Wed	7:30	7.1	8:19	6.1	12:57	1.6	1:56	1.0	7:09	4:50	
26	Thu	8:25	7.3	9:11	6.3	1:54	1.5	2:49	0.7	7:08	4:52	
27	Fri	9:15	7.7	9:57	6.7	2:47	1.2	3:35	0.3	7:07	4:53	
28	Sat	10:01	8.1	10:41	7.1	3:34	0.8	4:18	-0.2	7:06	4:54	
29	Sun	10:46	8.5	11:23	7.5	4:20	0.4	5:00	-0.5	7:05	4:56	
30	Mon	11:30	8.7			5:05	0.0	5:41	-0.9	7:04	4:57	
31	Tue	12:04	7.9	12:15	8.9	5:51	-0.4	6:23	-1.1	7:03	4:58	