US HARBORS www.USHarbors.com

Atlantic Heights, NH - Jul 1787

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun			12:23	7.0	6:00	0.2	5:57	1.1	4:10	7:30	
2	Mon	12:20	8.1	12:59	7.1	6:34	0.2	6:34	1.1	4:11	7:29	
3	Tue	12:56	8.1	1:34	7.2	7:08	0.1	7:12	1.0	4:11	7:29	
4	Wed	1:32	8.0	2:09	7.3	7:43	0.1	7:53	0.9	4:12	7:29	
5	Thu	2:11	7.9	2:46	7.5	8:20	0.1	8:36	0.8	4:13	7:29	
6	Fri	2:53	7.8	3:27	7.7	9:00	0.2	9:23	0.7	4:13	7:28	
7	Sat	3:39	7.6	4:12	7.9	9:44	0.3	10:15	0.6	4:14	7:28	
8	Sun	4:31	7.4	5:00	8.1	10:32	0.4	11:10	0.5	4:15	7:28	
9	Mon	5:27	7.3	5:53	8.3	11:24	0.4			4:15	7:27	
10	Tue	6:28	7.2	6:52	8.5	12:10	0.3	12:21	0.5	4:16	7:27	
11	Wed	7:34	7.2	7:53	8.7	1:13	0.1	1:22	0.5	4:17	7:26	
12	Thu	8:39	7.4	8:55	9.0	2:17	-0.3	2:25	0.3	4:18	7:26	
13	Fri	9:40	7.6	9:54	9.3	3:18	-0.6	3:25	0.1	4:18	7:25	
14	Sat	10:39	7.9	10:51	9.5	4:16	-0.9	4:23	-0.1	4:19	7:25	
15	Sun	11:35	8.1	11:47	9.5	5:11	-1.1	5:20	-0.3	4:20	7:24	
16	Mon			12:28	8.3	6:04	-1.2	6:15	-0.3	4:21	7:23	
17	Tue	12:41	9.4	1:20	8.4	6:54	-1.1	7:09	-0.3	4:22	7:23	
18	Wed	1:34	9.1	2:10	8.4	7:44	-0.9	8:03	-0.1	4:23	7:22	
19	Thu	2:27	8.6	3:01	8.3	8:33	-0.5	8:59	0.1	4:24	7:21	
20	Fri	3:21	8.1	3:53	8.1	9:23	0.0	9:56	0.4	4:25	7:20	
21	Sat	4:16	7.6	4:45	7.9	10:14	0.4	10:53	0.6	4:26	7:19	
22	Sun	5:13	7.1	5:37	7.7	11:06	0.9	11:52	0.8	4:26	7:19	
23	Mon	6:11	6.7	6:31	7.6			12:00	1.2	4:27	7:18	
24	Tue	7:11	6.5	7:27	7.5	12:53	0.9	12:56	1.4	4:28	7:17	
25	Wed	8:10	6.4	8:21	7.5	1:53	0.9	1:53	1.5	4:29	7:16	
26	Thu	9:03	6.5	9:10	7.7	2:46	0.8	2:45	1.5	4:30	7:15	
27	Fri	9:51	6.7	9:56	7.8	3:34	0.7	3:31	1.3	4:31	7:14	
28	Sat	10:34	6.8	10:37	8.0	4:16	0.5	4:13	1.2	4:32	7:13	
29	Sun	11:15	7.0	11:17	8.1	4:54	0.3	4:52	1.0	4:34	7:12	
30	Mon	11:52	7.2	11:54	8.2	5:30	0.2	5:31	0.8	4:35	7:10	
31	Tue			12:27	7.4	6:04	0.1	6:09	0.7	4:36	7:09	