US HARBORS www.USHarbors.com

Atlantic Heights, NH - Jul 1796

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	**7:44**	7.5	**8:07**	8.7	**1:24**	0.1	**1:37**	0.2	4:11	7:29	
2	Sat	**8:45**	7.7	**9:03**	9.1	**2:25**	-0.3	**2:35**	0.0	4:11	7:29	
3	Sun	**9:44**	7.9	**9:58**	9.4	**3:22**	-0.8	**3:31**	-0.1	4:12	7:29	
4	Mon	**10:42**	8.1	**10:53**	9.6	**4:18**	-1.1	**4:27**	-0.3	4:12	7:29	
5	Tue	**11:39**	8.2	**11:49**	9.7	**5:14**	-1.3	**5:23**	-0.3	4:13	7:28	
6	Wed			**12:34**	8.3	**6:08**	-1.4	**6:18**	-0.3	4:14	7:28	
7	Thu	**12:45**	9.6	**1:29**	8.3	**7:02**	-1.3	**7:14**	-0.2	4:14	7:28	
8	Fri	**1:39**	9.3	**2:23**	8.2	**7:55**	-1.1	**8:10**	0.0	4:15	7:27	
9	Sat	**2:35**	8.9	**3:18**	8.1	**8:49**	-0.7	**9:09**	0.3	4:16	7:27	
10	Sun	**3:33**	8.4	**4:14**	8.0	**9:44**	-0.3	**10:09**	0.5	4:17	7:26	
11	Mon	**4:31**	7.9	**5:09**	7.9	**10:38**	0.1	**11:10**	0.7	4:18	7:26	
12	Tue	**5:30**	7.5	**6:03**	7.7	**11:32**	0.5			4:18	7:25	
13	Wed	**6:30**	7.1	**6:57**	7.7	**12:11**	0.8	**12:27**	0.9	4:19	7:25	
14	Thu	**7:30**	6.9	**7:51**	7.7	**1:13**	0.8	**1:22**	1.1	4:20	7:24	
15	Fri	**8:27**	6.8	**8:41**	7.7	**2:10**	0.8	**2:15**	1.2	4:21	7:23	
16	Sat	**9:19**	6.8	**9:27**	7.8	**3:02**	0.6	**3:03**	1.3	4:22	7:23	
17	Sun	**10:06**	6.8	**10:10**	7.9	**3:48**	0.5	**3:47**	1.2	4:23	7:22	
18	Mon	**10:50**	6.9	**10:51**	8.0	**4:30**	0.4	**4:28**	1.2	4:24	7:21	
19	Tue	**11:31**	7.0	**11:30**	8.1	**5:10**	0.3	**5:07**	1.1	4:24	7:20	
20	Wed			**12:10**	7.1	**5:47**	0.2	**5:45**	1.0	4:25	7:20	
21	Thu	**12:08**	8.1	**12:47**	7.1	**6:22**	0.1	**6:22**	1.0	4:26	7:19	
22	Fri	**12:45**	8.1	**1:22**	7.2	**6:57**	0.1	**7:00**	0.9	4:27	7:18	
23	Sat	**1:21**	8.1	**1:58**	7.3	**7:32**	0.0	**7:40**	0.8	4:28	7:17	
24	Sun	**2:00**	8.0	**2:35**	7.5	**8:10**	0.0	**8:24**	0.7	4:29	7:16	
25	Mon	**2:42**	7.9	**3:17**	7.6	**8:51**	0.1	**9:11**	0.6	4:30	7:15	
26	Tue	**3:29**	7.8	**4:02**	7.8	**9:35**	0.1	**10:03**	0.5	4:31	7:14	
27	Wed	**4:20**	7.6	**4:51**	8.0	**10:23**	0.2	**10:58**	0.4	4:32	7:13	
28	Thu	**5:17**	7.5	**5:44**	8.2	**11:15**	0.3	**11:58**	0.3	4:33	7:12	
29	Fri	**6:18**	7.4	**6:43**	8.4			**12:12**	0.4	4:34	7:11	
30	Sat	**7:23**	7.4	**7:44**	8.7	**1:01**	0.0	**1:14**	0.4	4:35	7:10	
31	Sun	**8:28**	7.5	**8:45**	8.9	**2:06**	-0.3	**2:16**	0.2	4:36	7:08	