US HARBORS www.USHarbors.com

Atlantic Heights, NH - Jan 1804

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	2:15	7.5	2:24	8.0	8:02	0.5	8:36	-0.1	7:19	4:22	
2	Mon	3:02	7.4	3:14	7.6	8:53	0.7	9:22	0.3	7:19	4:23	
3	Tue	3:50	7.3	4:06	7.1	9:46	0.9	10:08	0.7	7:19	4:24	
4	Wed	4:39	7.2	5:00	6.7	10:41	1.1	10:56	1.0	7:19	4:24	
5	Thu	5:28	7.1	5:56	6.4	11:37	1.2	11:46	1.3	7:19	4:25	
6	Fri	6:19	7.0	6:55	6.2			12:36	1.2	7:19	4:26	
7	Sat	7:12	7.1	7:54	6.2	12:39	1.5	1:35	1.1	7:19	4:27	
8	Sun	8:04	7.2	8:48	6.3	1:34	1.5	2:29	0.9	7:18	4:28	
9	Mon	8:53	7.4	9:36	6.4	2:26	1.5	3:16	0.6	7:18	4:29	
10	Tue	9:38	7.7	10:20	6.6	3:13	1.3	3:59	0.3	7:18	4:30	
11	Wed	10:21	7.9	11:02	6.9	3:55	1.0	4:40	0.0	7:18	4:32	
12	Thu	11:02	8.2	11:42	7.1	4:36	0.8	5:18	-0.2	7:17	4:33	
13	Fri	11:42	8.4			5:18	0.5	5:57	-0.5	7:17	4:34	
14	Sat	12:20	7.3	12:23	8.5	5:59	0.3	6:35	-0.6	7:17	4:35	
15	Sun	12:59	7.6	1:05	8.6	6:43	0.1	7:15	-0.7	7:16	4:36	
16	Mon	1:39	7.8	1:49	8.5	7:28	-0.1	7:57	-0.7	7:16	4:37	
17	Tue	2:22	8.0	2:36	8.2	8:17	-0.1	8:43	-0.5	7:15	4:39	
18	Wed	3:08	8.1	3:29	7.9	9:10	-0.1	9:32	-0.3	7:15	4:40	
19	Thu	3:59	8.2	4:27	7.5	10:07	-0.1	10:25	0.1	7:14	4:41	
20	Fri	4:55	8.1	5:31	7.1	11:09	0.0	11:23	0.4	7:13	4:42	
21	Sat	5:55	8.1	6:40	6.9			12:15	0.1	7:13	4:43	
22	Sun	7:01	8.1	7:51	6.9	12:27	0.6	1:26	0.0	7:12	4:45	
23	Mon	8:07	8.2	8:57	7.0	1:35	0.7	2:33	-0.2	7:11	4:46	
24	Tue	9:10	8.4	9:56	7.2	2:40	0.6	3:33	-0.4	7:10	4:47	
25	Wed	10:07	8.5	10:49	7.4	3:39	0.4	4:27	-0.6	7:10	4:49	
26	Thu	10:59	8.6	11:38	7.6	4:32	0.2	5:16	-0.7	7:09	4:50	
27	Fri	11:48	8.6			5:23	0.1	6:01	-0.7	7:08	4:51	
28	Sat	12:23	7.7	12:33	8.5	6:09	0.0	6:43	-0.6	7:07	4:53	
29	Sun	1:05	7.7	1:15	8.2	6:54	0.1	7:22	-0.3	7:06	4:54	
30	Mon	1:45	7.7	1:57	7.9	7:37	0.2	8:00	0.0	7:05	4:55	
31	Tue	2:24	7.6	2:39	7.4	8:20	0.4	8:39	0.4	7:04	4:56	