US HARBORS www.USHarbors.com

Atlantic Heights, NH - Jan 1809

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	11:11	8.1	11:46	7.2	4:47	0.7	5:24	-0.1	7:19	4:22	
2	Mon	11:48	8.2			5:24	0.6	5:59	-0.2	7:19	4:23	
3	Tue	12:23	7.3	12:24	8.2	6:01	0.5	6:34	-0.3	7:19	4:24	
4	Wed	12:58	7.4	1:01	8.2	6:39	0.4	7:10	-0.4	7:19	4:25	
5	Thu	1:34	7.5	1:40	8.2	7:20	0.3	7:49	-0.4	7:19	4:26	
6	Fri	2:13	7.6	2:22	8.0	8:04	0.3	8:31	-0.3	7:19	4:27	
7	Sat	2:56	7.7	3:10	7.9	8:52	0.2	9:18	-0.2	7:18	4:28	
8	Sun	3:44	7.8	4:04	7.6	9:45	0.2	10:09	-0.1	7:18	4:29	
9	Mon	4:37	8.0	5:03	7.4	10:43	0.2	11:04	0.1	7:18	4:30	
10	Tue	5:34	8.1	6:07	7.3	11:45	0.1			7:18	4:31	
11	Wed	6:35	8.2	7:16	7.3	12:03	0.2	12:52	-0.1	7:17	4:32	
12	Thu	7:39	8.5	8:23	7.4	1:07	0.2	1:58	-0.4	7:17	4:34	
13	Fri	8:41	8.7	9:24	7.7	2:11	0.0	3:01	-0.7	7:17	4:35	
14	Sat	9:40	9.0	10:21	7.9	3:12	-0.2	3:58	-1.1	7:16	4:36	
15	Sun	10:35	9.2	11:15	8.2	4:08	-0.4	4:51	-1.3	7:16	4:37	
16	Mon	11:28	9.3			5:02	-0.5	5:42	-1.3	7:15	4:38	
17	Tue	12:06	8.3	12:19	9.2	5:54	-0.6	6:30	-1.2	7:15	4:39	
18	Wed	12:55	8.3	1:08	8.9	6:44	-0.5	7:16	-1.0	7:14	4:41	
19	Thu	1:41	8.2	1:55	8.5	7:33	-0.3	8:02	-0.6	7:13	4:42	
20	Fri	2:28	8.0	2:44	8.0	8:23	0.0	8:48	-0.2	7:13	4:43	
21	Sat	3:16	7.8	3:35	7.5	9:14	0.3	9:35	0.2	7:12	4:44	
22	Sun	4:05	7.5	4:28	7.0	10:07	0.6	10:24	0.7	7:11	4:46	
23	Mon	4:55	7.3	5:23	6.7	11:03	0.8	11:15	1.0	7:11	4:47	
24	Tue	5:48	7.2	6:22	6.4			12:01	1.0	7:10	4:48	
25	Wed	6:43	7.1	7:22	6.3	12:10	1.3	1:02	1.0	7:09	4:50	
26	Thu	7:39	7.1	8:19	6.4	1:08	1.4	2:01	0.9	7:08	4:51	
27	Fri	8:32	7.3	9:10	6.5	2:04	1.3	2:52	0.7	7:07	4:52	
28	Sat	9:19	7.5	9:56	6.8	2:53	1.1	3:36	0.4	7:06	4:54	
29	Sun	10:03	7.8	10:37	7.0	3:37	0.9	4:16	0.1	7:05	4:55	
30	Mon	10:43	8.0	11:16	7.3	4:18	0.6	4:54	-0.2	7:04	4:56	
31	Tue	11:22	8.2	11:53	7.6	4:57	0.3	5:30	-0.4	7:03	4:58	