US HARBORS www.USHarbors.com

Atlantic Heights, NH - Jun 1809

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	1:15	9.6	1:59	8.5	7:31	-1.4	7:46	-0.3	4:09	7:19	
2	Fri	2:11	9.3	2:57	8.3	8:27	-1.1	8:45	0.0	4:09	7:19	
3	Sat	3:10	8.8	3:56	8.2	9:24	-0.7	9:48	0.3	4:08	7:20	
4	Sun	4:11	8.4	4:55	8.0	10:22	-0.3	10:51	0.5	4:08	7:21	
5	Mon	5:13	7.9	5:54	7.9	11:21	0.1	11:55	0.6	4:08	7:22	
6	Tue	6:15	7.5	6:51	7.9			12:19	0.4	4:07	7:22	
7	Wed	7:17	7.3	7:46	7.9	12:59	0.7	1:17	0.7	4:07	7:23	
8	Thu	8:16	7.2	8:37	7.9	1:59	0.6	2:11	0.8	4:07	7:24	
9	Fri	9:09	7.1	9:24	8.0	2:53	0.5	3:00	0.9	4:06	7:24	
10	Sat	9:57	7.1	10:07	8.1	3:40	0.3	3:43	1.0	4:06	7:25	
11	Sun	10:42	7.1	10:47	8.1	4:23	0.2	4:24	1.0	4:06	7:25	
12	Mon	11:23	7.2	11:25	8.1	5:03	0.2	5:02	1.0	4:06	7:26	
13	Tue			12:03	7.2	5:41	0.1	5:40	1.0	4:06	7:26	
14	Wed	12:02	8.1	12:40	7.2	6:17	0.1	6:16	1.0	4:06	7:27	
15	Thu	12:38	8.1	1:17	7.2	6:51	0.1	6:53	1.0	4:06	7:27	
16	Fri	1:14	8.0	1:53	7.2	7:27	0.1	7:32	1.0	4:06	7:28	
17	Sat	1:51	7.9	2:31	7.3	8:03	0.2	8:13	1.0	4:06	7:28	
18	Sun	2:31	7.8	3:11	7.4	8:43	0.2	8:58	1.0	4:06	7:28	
19	Mon	3:16	7.7	3:54	7.5	9:26	0.2	9:48	0.9	4:06	7:29	
20	Tue	4:04	7.6	4:41	7.7	10:12	0.2	10:40	0.8	4:06	7:29	
21	Wed	4:58	7.5	5:32	8.0	11:02	0.3	11:37	0.5	4:06	7:29	
22	Thu	5:55	7.5	6:26	8.2	11:55	0.3			4:07	7:29	
23	Fri	6:56	7.5	7:23	8.6	12:37	0.3	12:52	0.2	4:07	7:30	
24	Sat	8:00	7.6	8:21	9.0	1:39	-0.1	1:52	0.1	4:07	7:30	
25	Sun	9:01	7.8	9:18	9.3	2:40	-0.5	2:50	-0.1	4:08	7:30	
26	Mon	10:00	8.1	10:14	9.6	3:37	-0.9	3:47	-0.3	4:08	7:30	
27	Tue	10:57	8.3	11:10	9.7	4:33	-1.2	4:43	-0.5	4:08	7:30	
28	Wed	11:54	8.5			5:28	-1.4	5:39	-0.5	4:09	7:30	
29	Thu	12:06	9.7	12:48	8.5	6:22	-1.4	6:35	-0.5	4:09	7:30	
30	Fri	1:00	9.5	1:41	8.5	7:14	-1.3	7:30	-0.3	4:10	7:30	