US HARBORS www.USHarbors.com

Atlantic Heights, NH - Oct 1809

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	4:43	6.6	4:54	7.2	10:26	1.5	11:09	1.1	5:44	5:29	
2	Mon	5:38	6.5	5:50	7.1	11:21	1.6			5:45	5:27	
3	Tue	6:34	6.6	6:48	7.1	12:04	1.2	12:18	1.6	5:46	5:25	
4	Wed	7:28	6.7	7:43	7.3	1:00	1.1	1:16	1.4	5:47	5:24	
5	Thu	8:18	7.1	8:34	7.5	1:52	0.9	2:09	1.0	5:48	5:22	
6	Fri	9:02	7.5	9:20	7.8	2:38	0.6	2:56	0.6	5:49	5:20	
7	Sat	9:44	7.9	10:04	8.1	3:20	0.3	3:40	0.1	5:50	5:18	
8	Sun	10:24	8.3	10:47	8.4	4:01	0.0	4:24	-0.3	5:52	5:17	
9	Mon	11:04	8.7	11:32	8.5	4:42	-0.3	5:08	-0.7	5:53	5:15	
10	Tue	11:47	9.0			5:25	-0.5	5:54	-1.0	5:54	5:13	
11	Wed	12:17	8.6	12:31	9.2	6:10	-0.5	6:41	-1.1	5:55	5:11	
12	Thu	1:05	8.5	1:19	9.2	6:57	-0.4	7:31	-1.0	5:56	5:10	
13	Fri	1:56	8.3	2:10	9.0	7:47	-0.2	8:25	-0.8	5:58	5:08	
14	Sat	2:51	8.0	3:07	8.8	8:42	0.0	9:23	-0.5	5:59	5:06	
15	Sun	3:53	7.8	4:10	8.5	9:42	0.3	10:27	-0.2	6:00	5:05	
16	Mon	4:58	7.6	5:17	8.2	10:48	0.5	11:33	0.0	6:01	5:03	
17	Tue	6:05	7.6	6:26	8.1	11:57	0.6			6:02	5:02	
18	Wed	7:10	7.7	7:33	8.0	12:40	0.1	1:07	0.5	6:04	5:00	
19	Thu	8:11	7.9	8:35	8.1	1:44	0.1	2:11	0.2	6:05	4:58	
20	Fri	9:05	8.2	9:30	8.1	2:40	0.0	3:08	0.0	6:06	4:57	
21	Sat	9:54	8.4	10:20	8.1	3:31	0.0	3:58	-0.2	6:07	4:55	
22	Sun	10:38	8.5	11:06	8.1	4:16	0.0	4:44	-0.4	6:09	4:54	
23	Mon	11:19	8.5	11:49	7.9	4:58	0.1	5:27	-0.4	6:10	4:52	
24	Tue	11:59	8.4			5:38	0.3	6:07	-0.3	6:11	4:51	
25	Wed	12:29	7.8	12:36	8.3	6:16	0.5	6:46	-0.1	6:12	4:49	
26	Thu	1:09	7.5	1:13	8.1	6:53	0.7	7:25	0.1	6:14	4:48	
27	Fri	1:48	7.3	1:52	7.8	7:31	0.9	8:04	0.4	6:15	4:46	
28	Sat	2:30	7.1	2:33	7.6	8:12	1.2	8:47	0.6	6:16	4:45	
29	Sun	3:15	6.9	3:19	7.4	8:57	1.4	9:34	0.8	6:17	4:43	
30	Mon	4:04	6.7	4:10	7.2	9:46	1.5	10:23	1.0	6:19	4:42	
31	Tue	4:55	6.7	5:03	7.1	10:39	1.6	11:14	1.0	6:20	4:41	