US HARBORS www.USHarbors.com

Atlantic Heights, NH - Nov 1809

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	5:47	6.7	5:59	7.1	11:34	1.5			6:21	4:39	
2	Thu	6:39	6.9	6:55	7.2	12:06	1.0	12:31	1.3	6:23	4:38	
3	Fri	7:30	7.3	7:50	7.4	12:59	0.8	1:27	0.9	6:24	4:37	
4	Sat	8:18	7.7	8:42	7.7	1:50	0.6	2:19	0.4	6:25	4:35	
5	Sun	9:03	8.2	9:31	8.0	2:38	0.2	3:09	-0.1	6:26	4:34	
6	Mon	9:48	8.7	10:19	8.3	3:24	-0.1	3:56	-0.7	6:28	4:33	
7	Tue	10:33	9.2	11:07	8.5	4:10	-0.4	4:44	-1.1	6:29	4:32	
8	Wed	11:20	9.5	11:57	8.6	4:57	-0.5	5:33	-1.3	6:30	4:31	
9	Thu			12:09	9.6	5:46	-0.6	6:23	-1.4	6:32	4:30	
10	Fri	12:48	8.5	1:00	9.5	6:37	-0.6	7:15	-1.3	6:33	4:28	
11	Sat	1:41	8.4	1:54	9.3	7:30	-0.4	8:10	-1.1	6:34	4:27	
12	Sun	2:38	8.2	2:52	8.9	8:27	-0.1	9:09	-0.8	6:35	4:26	
13	Mon	3:40	8.0	3:56	8.5	9:29	0.2	10:11	-0.4	6:37	4:25	
14	Tue	4:44	7.9	5:03	8.2	10:36	0.4	11:14	-0.1	6:38	4:24	
15	Wed	5:48	7.8	6:10	7.9	11:44	0.5			6:39	4:23	
16	Thu	6:50	7.9	7:16	7.7	12:18	0.1	12:53	0.4	6:41	4:23	
17	Fri	7:50	8.0	8:18	7.6	1:21	0.2	1:57	0.3	6:42	4:22	
18	Sat	8:44	8.1	9:13	7.6	2:18	0.3	2:53	0.1	6:43	4:21	
19	Sun	9:32	8.3	10:02	7.6	3:08	0.4	3:43	-0.1	6:44	4:20	
20	Mon	10:16	8.3	10:47	7.6	3:53	0.4	4:28	-0.2	6:46	4:19	
21	Tue	10:56	8.3	11:30	7.5	4:35	0.5	5:09	-0.2	6:47	4:18	
22	Wed	11:35	8.3			5:14	0.6	5:48	-0.2	6:48	4:18	
23	Thu	12:09	7.4	12:12	8.2	5:51	0.7	6:24	-0.1	6:49	4:17	
24	Fri	12:47	7.3	12:48	8.0	6:27	0.8	7:00	0.1	6:51	4:16	
25	Sat	1:25	7.2	1:24	7.9	7:04	1.0	7:37	0.2	6:52	4:16	
26	Sun	2:03	7.1	2:03	7.7	7:42	1.1	8:15	0.4	6:53	4:15	
27	Mon	2:43	7.0	2:44	7.5	8:24	1.2	8:57	0.5	6:54	4:15	
28	Tue	3:26	6.9	3:30	7.3	9:10	1.3	9:41	0.6	6:55	4:14	
29	Wed	4:12	6.9	4:19	7.2	9:59	1.3	10:28	0.7	6:56	4:14	
30	Thu	5:00	7.0	5:12	7.1	10:52	1.2	11:18	0.7	6:57	4:14	