US HARBORS www.USHarbors.com

Atlantic Heights, NH - Dec 1809

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	5:49	7.2	6:08	7.1	11:48	1.0			6:59	4:13	
2	Sat	6:41	7.5	7:07	7.2	12:09	0.6	12:45	0.7	7:00	4:13	
3	Sun	7:34	8.0	8:05	7.4	1:04	0.5	1:43	0.2	7:01	4:13	
4	Mon	8:26	8.4	9:00	7.7	1:58	0.2	2:39	-0.3	7:02	4:12	
5	Tue	9:17	8.9	9:54	8.1	2:51	-0.1	3:31	-0.8	7:03	4:12	
6	Wed	10:07	9.4	10:46	8.3	3:42	-0.4	4:23	-1.3	7:04	4:12	
7	Thu	10:59	9.6	11:39	8.5	4:34	-0.6	5:15	-1.6	7:05	4:12	
8	Fri	11:51	9.7			5:27	-0.7	6:07	-1.7	7:06	4:12	
9	Sat	12:33	8.6	12:45	9.7	6:20	-0.7	7:00	-1.6	7:07	4:12	
10	Sun	1:27	8.5	1:39	9.4	7:15	-0.6	7:54	-1.3	7:08	4:12	
11	Mon	2:22	8.4	2:37	9.0	8:12	-0.4	8:50	-1.0	7:08	4:12	
12	Tue	3:21	8.2	3:38	8.5	9:13	-0.1	9:49	-0.6	7:09	4:12	
13	Wed	4:21	8.1	4:42	8.0	10:17	0.2	10:49	-0.2	7:10	4:12	
14	Thu	5:22	7.9	5:46	7.6	11:23	0.4	11:49	0.2	7:11	4:12	
15	Fri	6:22	7.9	6:51	7.3			12:30	0.4	7:12	4:13	
16	Sat	7:21	7.8	7:54	7.2	12:50	0.5	1:34	0.4	7:12	4:13	
17	Sun	8:17	7.9	8:51	7.1	1:49	0.7	2:32	0.3	7:13	4:13	
18	Mon	9:07	8.0	9:41	7.1	2:42	0.7	3:23	0.1	7:14	4:13	
19	Tue	9:52	8.0	10:27	7.2	3:29	0.7	4:08	0.0	7:14	4:14	
20	Wed	10:34	8.1	11:09	7.2	4:12	0.7	4:50	-0.1	7:15	4:14	
21	Thu	11:13	8.1	11:48	7.2	4:51	0.7	5:28	-0.1	7:15	4:15	
22	Fri	11:50	8.1			5:29	0.7	6:04	-0.1	7:16	4:15	
23	Sat	12:26	7.2	12:26	8.0	6:05	0.8	6:38	-0.1	7:16	4:16	
24	Sun	1:01	7.2	1:01	7.9	6:40	0.8	7:12	0.0	7:17	4:16	
25	Mon	1:37	7.2	1:37	7.8	7:17	0.8	7:47	0.1	7:17	4:17	
26	Tue	2:12	7.2	2:15	7.7	7:56	0.9	8:24	0.2	7:17	4:18	
27	Wed	2:50	7.2	2:56	7.5	8:38	0.9	9:04	0.3	7:18	4:18	
28	Thu	3:31	7.2	3:42	7.3	9:25	0.9	9:48	0.4	7:18	4:19	
29	Fri	4:16	7.3	4:33	7.2	10:15	0.8	10:36	0.4	7:18	4:20	
30	Sat	5:05	7.5	5:29	7.1	11:10	0.7	11:28	0.5	7:18	4:21	
31	Sun	5:58	7.8	6:29	7.1			12:09	0.4	7:19	4:21	