US HARBORS www.USHarbors.com

Atlantic Heights, NH - Jul 1811

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	**7:05**	6.8	**7:28**	7.7	**12:45**	1.1	**12:55**	1.0	4:10	7:30	
2	Tue	**8:01**	6.9	**8:18**	8.0	**1:40**	0.9	**1:47**	0.9	4:10	7:30	
3	Wed	**8:53**	7.0	**9:06**	8.3	**2:33**	0.5	**2:38**	0.7	4:11	7:29	
4	Thu	**9:44**	7.3	**9:53**	8.7	**3:22**	0.0	**3:27**	0.5	4:12	7:29	
5	Fri	**10:33**	7.6	**10:42**	9.0	**4:10**	-0.4	**4:16**	0.2	4:12	7:29	
6	Sat	**11:23**	7.9	**11:31**	9.3	**4:59**	-0.8	**5:06**	-0.1	4:13	7:29	
7	Sun			**12:13**	8.2	**5:47**	-1.0	**5:58**	-0.3	4:13	7:28	
8	Mon	**12:22**	9.4	**1:03**	8.4	**6:37**	-1.2	**6:50**	-0.4	4:14	7:28	
9	Tue	**1:14**	9.4	**1:54**	8.5	**7:27**	-1.2	**7:44**	-0.4	4:15	7:28	
10	Wed	**2:08**	9.2	**2:48**	8.6	**8:19**	-1.1	**8:41**	-0.3	4:16	7:27	
11	Thu	**3:04**	8.9	**3:45**	8.6	**9:13**	-0.9	**9:41**	-0.2	4:16	7:27	
12	Fri	**4:05**	8.5	**4:43**	8.5	**10:10**	-0.6	**10:44**	0.0	4:17	7:26	
13	Sat	**5:07**	8.1	**5:42**	8.5	**11:08**	-0.2	**11:49**	0.1	4:18	7:26	
14	Sun	**6:11**	7.8	**6:42**	8.4			**12:08**	0.1	4:19	7:25	
15	Mon	**7:17**	7.5	**7:42**	8.4	**12:55**	0.1	**1:10**	0.4	4:19	7:24	
16	Tue	**8:20**	7.4	**8:40**	8.4	**2:00**	0.1	**2:10**	0.5	4:20	7:24	
17	Wed	**9:18**	7.4	**9:32**	8.4	**2:58**	0.0	**3:06**	0.6	4:21	7:23	
18	Thu	**10:10**	7.4	**10:21**	8.4	**3:50**	-0.1	**3:56**	0.6	4:22	7:22	
19	Fri	**10:58**	7.4	**11:06**	8.4	**4:38**	-0.2	**4:42**	0.6	4:23	7:22	
20	Sat	**11:43**	7.4	**11:48**	8.3	**5:22**	-0.2	**5:25**	0.7	4:24	7:21	
21	Sun			**12:24**	7.4	**6:02**	-0.1	**6:06**	0.7	4:25	7:20	
22	Mon	**12:28**	8.2	**1:02**	7.4	**6:40**	0.0	**6:45**	0.8	4:26	7:19	
23	Tue	**1:06**	8.1	**1:39**	7.4	**7:15**	0.1	**7:23**	0.8	4:27	7:18	
24	Wed	**1:43**	7.9	**2:16**	7.4	**7:50**	0.2	**8:02**	0.9	4:28	7:17	
25	Thu	**2:22**	7.7	**2:54**	7.4	**8:27**	0.4	**8:44**	1.0	4:29	7:17	
26	Fri	**3:03**	7.4	**3:34**	7.4	**9:06**	0.6	**9:28**	1.1	4:30	7:16	
27	Sat	**3:47**	7.2	**4:16**	7.4	**9:47**	0.7	**10:15**	1.1	4:31	7:15	
28	Sun	**4:34**	7.0	**5:01**	7.4	**10:31**	0.9	**11:05**	1.1	4:32	7:14	
29	Mon	**5:25**	6.8	**5:49**	7.5	**11:18**	1.0	**11:59**	1.0	4:33	7:12	
30	Tue	**6:19**	6.8	**6:41**	7.7			**12:10**	1.0	4:34	7:11	
31	Wed	**7:18**	6.8	**7:37**	8.0	**12:57**	0.8	**1:06**	0.9	4:35	7:10	