US HARBORS www.USHarbors.com

Atlantic Heights, NH - Jul 1813

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	1:21	9.2	2:04	8.2	7:37	-1.0	7:50	0.1	4:10	7:30	
2	Fri	2:14	8.8	2:57	8.0	8:29	-0.7	8:45	0.4	4:11	7:29	
3	Sat	3:08	8.4	3:51	7.8	9:21	-0.3	9:42	0.7	4:11	7:29	
4	Sun	4:04	7.9	4:44	7.7	10:13	0.1	10:40	0.9	4:12	7:29	
5	Mon	5:00	7.5	5:37	7.6	11:05	0.5	11:39	1.0	4:12	7:29	
6	Tue	5:57	7.1	6:29	7.5	11:57	0.8			4:13	7:28	
7	Wed	6:54	6.9	7:21	7.5	12:38	1.1	12:50	1.1	4:14	7:28	
8	Thu	7:51	6.7	8:11	7.6	1:36	1.0	1:43	1.2	4:14	7:28	
9	Fri	8:45	6.7	8:58	7.7	2:29	0.9	2:32	1.2	4:15	7:27	
10	Sat	9:34	6.8	9:42	7.8	3:17	0.7	3:17	1.2	4:16	7:27	
11	Sun	10:19	6.9	10:23	8.0	4:00	0.5	3:58	1.1	4:17	7:26	
12	Mon	11:02	7.0	11:03	8.1	4:40	0.3	4:38	1.0	4:17	7:26	
13	Tue	11:42	7.1	11:41	8.2	5:18	0.2	5:17	0.9	4:18	7:25	
14	Wed			12:21	7.2	5:56	0.0	5:56	0.8	4:19	7:25	
15	Thu	12:20	8.3	12:58	7.3	6:33	-0.1	6:36	0.7	4:20	7:24	
16	Fri	12:58	8.3	1:36	7.5	7:10	-0.2	7:18	0.6	4:21	7:23	
17	Sat	1:39	8.3	2:16	7.6	7:50	-0.3	8:03	0.5	4:22	7:23	
18	Sun	2:22	8.3	3:00	7.8	8:33	-0.3	8:52	0.4	4:23	7:22	
19	Mon	3:11	8.1	3:48	8.0	9:20	-0.2	9:45	0.4	4:23	7:21	
20	Tue	4:04	8.0	4:39	8.1	10:10	-0.1	10:42	0.3	4:24	7:21	
21	Wed	5:01	7.8	5:34	8.3	11:03	0.0	11:42	0.2	4:25	7:20	
22	Thu	6:03	7.6	6:32	8.5			12:00	0.1	4:26	7:19	
23	Fri	7:08	7.6	7:33	8.7	12:46	0.0	1:01	0.2	4:27	7:18	
24	Sat	8:14	7.6	8:34	8.9	1:52	-0.2	2:04	0.2	4:28	7:17	
25	Sun	9:16	7.8	9:32	9.1	2:54	-0.5	3:04	0.0	4:29	7:16	
26	Mon	10:15	7.9	10:28	9.2	3:51	-0.8	4:00	-0.1	4:30	7:15	
27	Tue	11:10	8.1	11:22	9.3	4:46	-1.0	4:55	-0.1	4:31	7:14	
28	Wed			12:02	8.2	5:38	-1.0	5:48	-0.1	4:32	7:13	
29	Thu	12:14	9.2	12:52	8.2	6:28	-0.9	6:39	-0.1	4:33	7:12	
30	Fri	1:03	8.9	1:40	8.1	7:15	-0.7	7:29	0.1	4:34	7:11	
31	Sat	1:52	8.6	2:27	8.0	8:01	-0.4	8:18	0.3	4:35	7:10	