

Atlantic Heights, NH - Nov 1969

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	4:26	6.4	4:29	7.0	10:03	1.8	10:50	1.1	6:17	4:35	
2	Sun	5:21	6.3	5:26	6.9	11:00	1.9	11:44	1.2	6:19	4:34	
3	Mon	6:15	6.4	6:23	6.9	11:59	1.8			6:20	4:32	
4	Tue	7:07	6.7	7:19	7.0	12:37	1.2	12:57	1.6	6:21	4:31	
5	Wed	7:55	7.0	8:11	7.1	1:27	1.0	1:50	1.2	6:22	4:30	
6	Thu	8:37	7.4	8:58	7.3	2:11	0.9	2:38	0.8	6:24	4:29	
7	Fri	9:16	7.8	9:42	7.5	2:52	0.7	3:21	0.3	6:25	4:28	
8	Sat	9:54	8.2	10:25	7.7	3:31	0.5	4:03	-0.1	6:26	4:26	
9	Sun	10:33	8.6	11:08	7.8	4:11	0.3	4:45	-0.5	6:28	4:25	
10	Mon	11:14	8.9	11:53	7.8	4:53	0.2	5:30	-0.8	6:29	4:24	
11	Tue	11:58	9.0			5:37	0.2	6:16	-0.9	6:30	4:23	
12	Wed	12:40	7.8	12:45	9.0	6:23	0.2	7:05	-0.8	6:31	4:22	
13	Thu	1:29	7.6	1:36	8.9	7:13	0.3	7:57	-0.6	6:33	4:21	
14	Fri	2:23	7.5	2:32	8.6	8:07	0.5	8:55	-0.4	6:34	4:20	
15	Sat	3:24	7.3	3:34	8.3	9:08	0.7	9:57	-0.1	6:35	4:19	
16	Sun	4:28	7.3	4:42	8.0	10:14	0.8	11:00	0.1	6:37	4:18	
17	Mon	5:34	7.3	5:51	7.8	11:24	0.8			6:38	4:17	
18	Tue	6:37	7.5	6:59	7.7	12:04	0.2	12:34	0.7	6:39	4:17	
19	Wed	7:38	7.8	8:04	7.6	1:07	0.3	1:42	0.4	6:40	4:16	
20	Thu	8:32	8.1	9:02	7.6	2:04	0.3	2:41	0.1	6:42	4:15	
21	Fri	9:22	8.4	9:55	7.6	2:56	0.3	3:34	-0.2	6:43	4:14	
22	Sat	10:07	8.5	10:43	7.6	3:44	0.4	4:22	-0.4	6:44	4:14	
23	Sun	10:50	8.5	11:29	7.5	4:28	0.5	5:07	-0.4	6:45	4:13	
24	Mon	11:31	8.4			5:10	0.7	5:49	-0.3	6:46	4:12	
25	Tue	12:12	7.3	12:11	8.2	5:50	0.8	6:30	-0.2	6:48	4:12	
26	Wed	12:53	7.1	12:51	8.0	6:30	1.0	7:10	0.1	6:49	4:11	
27	Thu	1:34	6.9	1:31	7.8	7:10	1.2	7:50	0.3	6:50	4:11	
28	Fri	2:15	6.8	2:13	7.6	7:51	1.4	8:32	0.5	6:51	4:10	
29	Sat	2:59	6.6	2:58	7.4	8:36	1.5	9:17	0.7	6:52	4:10	
30	Sun	3:46	6.5	3:47	7.1	9:25	1.6	10:03	0.9	6:53	4:09	