

Atlantic Heights, NH - Jan 1970

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	5:10	7.1	5:33	6.5	11:15	1.1	11:28	1.0	7:14	4:18	
2	Fri	5:58	7.3	6:31	6.5			12:11	0.9	7:14	4:19	
3	Sat	6:51	7.5	7:33	6.5	12:21	1.1	1:11	0.6	7:14	4:20	
4	Sun	7:48	7.9	8:34	6.7	1:18	1.0	2:11	0.2	7:14	4:21	
5	Mon	8:44	8.3	9:30	7.0	2:16	0.8	3:08	-0.3	7:14	4:22	
6	Tue	9:38	8.7	10:25	7.4	3:12	0.4	4:02	-0.7	7:14	4:23	
7	Wed	10:33	9.1	11:18	7.7	4:06	0.1	4:54	-1.1	7:14	4:24	
8	Thu	11:27	9.4			5:00	-0.2	5:47	-1.3	7:14	4:25	
9	Fri	12:11	8.0	12:21	9.5	5:54	-0.4	6:38	-1.4	7:14	4:26	
10	Sat	1:02	8.2	1:14	9.3	6:49	-0.5	7:28	-1.4	7:13	4:27	
11	Sun	1:54	8.3	2:08	9.0	7:44	-0.5	8:19	-1.1	7:13	4:28	
12	Mon	2:47	8.3	3:05	8.5	8:41	-0.4	9:12	-0.7	7:13	4:29	
13	Tue	3:42	8.2	4:05	8.0	9:42	-0.2	10:07	-0.2	7:12	4:30	
14	Wed	4:38	8.1	5:07	7.4	10:44	0.1	11:03	0.3	7:12	4:32	
15	Thu	5:36	7.9	6:11	7.0	11:49	0.3			7:11	4:33	
16	Fri	6:35	7.8	7:17	6.7	12:02	0.7	12:55	0.4	7:11	4:34	
17	Sat	7:35	7.6	8:21	6.6	1:05	1.0	2:00	0.4	7:10	4:35	
18	Sun	8:33	7.6	9:18	6.6	2:06	1.2	2:57	0.3	7:10	4:36	
19	Mon	9:25	7.7	10:07	6.7	3:01	1.2	3:48	0.2	7:09	4:38	
20	Tue	10:12	7.8	10:52	6.8	3:49	1.1	4:33	0.1	7:08	4:39	
21	Wed	10:55	7.9	11:33	6.9	4:32	1.0	5:14	0.1	7:08	4:40	
22	Thu	11:34	7.9			5:12	0.9	5:50	0.0	7:07	4:41	
23	Fri	12:10	7.0	12:11	7.9	5:49	0.8	6:24	0.0	7:06	4:43	
24	Sat	12:44	7.0	12:46	7.8	6:24	0.8	6:55	0.0	7:05	4:44	
25	Sun	1:17	7.1	1:20	7.7	7:00	0.7	7:26	0.1	7:05	4:45	
26	Mon	1:49	7.2	1:55	7.5	7:36	0.7	7:59	0.2	7:04	4:47	
27	Tue	2:22	7.2	2:32	7.3	8:14	0.7	8:34	0.4	7:03	4:48	
28	Wed	2:57	7.3	3:13	7.0	8:56	0.7	9:13	0.6	7:02	4:49	
29	Thu	3:37	7.3	4:00	6.7	9:43	0.7	9:56	0.8	7:01	4:50	
30	Fri	4:22	7.4	4:53	6.5	10:35	0.7	10:46	1.0	7:00	4:52	
31	Sat	5:13	7.4	5:52	6.4	11:32	0.7	11:42	1.1	6:59	4:53	