

Atlantic Heights, NH - Jan 1976

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	11:04	8.9	11:43	7.8	4:39	0.0	5:20	-0.9	7:14	4:18	
2	Fri	11:52	8.8			5:28	0.0	6:06	-0.8	7:14	4:19	
3	Sat	12:30	7.8	12:37	8.6	6:14	0.1	6:50	-0.7	7:14	4:19	
4	Sun	1:13	7.7	1:21	8.3	6:59	0.2	7:31	-0.4	7:14	4:20	
5	Mon	1:56	7.6	2:04	8.0	7:43	0.4	8:13	-0.1	7:14	4:21	
6	Tue	2:39	7.4	2:48	7.6	8:29	0.6	8:54	0.2	7:14	4:22	
7	Wed	3:23	7.3	3:36	7.2	9:16	0.8	9:38	0.6	7:14	4:23	
8	Thu	4:09	7.2	4:26	6.8	10:06	1.0	10:23	0.9	7:14	4:24	
9	Fri	4:56	7.1	5:19	6.5	10:59	1.1	11:11	1.1	7:14	4:25	
10	Sat	5:46	7.0	6:15	6.3	11:54	1.2			7:13	4:26	
11	Sun	6:38	7.1	7:14	6.3	12:03	1.3	12:53	1.1	7:13	4:28	
12	Mon	7:32	7.2	8:11	6.4	12:57	1.3	1:50	0.9	7:13	4:29	
13	Tue	8:23	7.5	9:02	6.6	1:52	1.2	2:41	0.6	7:12	4:30	
14	Wed	9:10	7.8	9:49	6.9	2:42	1.0	3:27	0.2	7:12	4:31	
15	Thu	9:55	8.1	10:33	7.2	3:28	0.7	4:10	-0.2	7:12	4:32	
16	Fri	10:39	8.5	11:16	7.6	4:13	0.3	4:52	-0.6	7:11	4:33	
17	Sat	11:23	8.8	11:58	7.9	4:58	0.0	5:35	-0.9	7:11	4:35	
18	Sun			12:08	9.0	5:43	-0.3	6:18	-1.1	7:10	4:36	
19	Mon	12:42	8.2	12:53	9.0	6:30	-0.5	7:02	-1.2	7:09	4:37	
20	Tue	1:26	8.4	1:41	8.9	7:19	-0.6	7:48	-1.1	7:09	4:38	
21	Wed	2:13	8.5	2:32	8.6	8:10	-0.6	8:37	-0.9	7:08	4:39	
22	Thu	3:04	8.5	3:28	8.2	9:05	-0.5	9:30	-0.6	7:07	4:41	
23	Fri	3:59	8.4	4:29	7.8	10:05	-0.3	10:27	-0.2	7:07	4:42	
24	Sat	4:58	8.3	5:34	7.4	11:09	-0.2	11:27	0.1	7:06	4:43	
25	Sun	6:01	8.2	6:42	7.2			12:17	0.0	7:05	4:45	
26	Mon	7:07	8.1	7:52	7.1	12:33	0.4	1:27	-0.1	7:04	4:46	
27	Tue	8:12	8.2	8:55	7.2	1:40	0.5	2:32	-0.2	7:03	4:47	
28	Wed	9:11	8.3	9:52	7.4	2:43	0.4	3:29	-0.4	7:02	4:49	
29	Thu	10:04	8.4	10:42	7.5	3:39	0.3	4:20	-0.5	7:01	4:50	
30	Fri	10:53	8.5	11:28	7.6	4:29	0.1	5:07	-0.6	7:00	4:51	
31	Sat	11:38	8.4			5:15	0.1	5:49	-0.6	6:59	4:53	