

Atlantic Heights, NH - Mar 1976

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon			12:01	8.0	5:40	0.0	6:02	-0.1	6:18	5:32	
2	Tue	12:22	7.8	12:37	7.9	6:17	0.0	6:35	0.0	6:16	5:33	
3	Wed	12:56	7.8	1:13	7.7	6:52	0.1	7:07	0.2	6:15	5:34	
4	Thu	1:28	7.7	1:48	7.5	7:28	0.2	7:40	0.4	6:13	5:36	
5	Fri	2:02	7.6	2:26	7.2	8:05	0.3	8:16	0.6	6:11	5:37	
6	Sat	2:38	7.5	3:06	6.9	8:45	0.5	8:56	0.9	6:09	5:38	
7	Sun	3:18	7.3	3:52	6.6	9:29	0.7	9:40	1.1	6:08	5:39	
8	Mon	4:04	7.2	4:42	6.4	10:18	0.8	10:29	1.3	6:06	5:41	
9	Tue	4:56	7.1	5:38	6.3	11:12	0.9	11:24	1.3	6:04	5:42	
10	Wed	5:52	7.2	6:38	6.4			12:10	0.8	6:03	5:43	
11	Thu	6:54	7.3	7:39	6.7	12:24	1.2	1:12	0.6	6:01	5:44	
12	Fri	7:55	7.7	8:35	7.2	1:26	0.9	2:10	0.2	5:59	5:45	
13	Sat	8:52	8.1	9:27	7.8	2:26	0.4	3:03	-0.3	5:57	5:47	
14	Sun	9:45	8.6	10:15	8.4	3:20	-0.2	3:52	-0.7	5:56	5:48	
15	Mon	10:37	8.9	11:03	8.9	4:12	-0.8	4:40	-1.1	5:54	5:49	
16	Tue	11:27	9.2	11:51	9.3	5:03	-1.3	5:27	-1.3	5:52	5:50	
17	Wed			12:18	9.2	5:53	-1.6	6:15	-1.4	5:50	5:51	
18	Thu	12:39	9.5	1:09	9.0	6:44	-1.7	7:04	-1.2	5:49	5:53	
19	Fri	1:28	9.4	2:02	8.7	7:37	-1.5	7:55	-0.8	5:47	5:54	
20	Sat	2:20	9.2	2:58	8.3	8:32	-1.2	8:50	-0.4	5:45	5:55	
21	Sun	3:16	8.8	3:59	7.8	9:31	-0.7	9:49	0.1	5:43	5:56	
22	Mon	4:18	8.4	5:04	7.4	10:34	-0.3	10:53	0.5	5:41	5:57	
23	Tue	5:23	8.0	6:11	7.1	11:41	0.1			5:40	5:58	
24	Wed	6:31	7.7	7:18	7.1	12:02	0.8	12:50	0.3	5:38	6:00	
25	Thu	7:38	7.6	8:20	7.2	1:12	0.9	1:55	0.3	5:36	6:01	
26	Fri	8:39	7.6	9:13	7.4	2:16	0.8	2:51	0.3	5:34	6:02	
27	Sat	9:31	7.7	9:59	7.6	3:11	0.5	3:39	0.2	5:33	6:03	
28	Sun	10:18	7.7	10:40	7.7	3:58	0.3	4:20	0.2	5:31	6:04	
29	Mon	10:59	7.8	11:17	7.9	4:40	0.2	4:58	0.2	5:29	6:05	
30	Tue	11:38	7.7	11:52	7.9	5:18	0.0	5:32	0.3	5:27	6:07	
31	Wed			12:15	7.7	5:54	0.0	6:04	0.4	5:25	6:08	