

Atlantic Heights, NH - Jul 1976

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	2:38	8.5	3:15	7.9	8:49	-0.5	9:04	0.3	5:07	8:26	
2	Fri	3:24	8.4	4:02	8.1	9:34	-0.5	9:56	0.2	5:08	8:26	
3	Sat	4:15	8.3	4:52	8.2	10:23	-0.4	10:51	0.2	5:08	8:25	
4	Sun	5:10	8.1	5:45	8.4	11:15	-0.2	11:50	0.1	5:09	8:25	
5	Mon	6:10	7.8	6:42	8.5			12:10	-0.1	5:09	8:25	
6	Tue	7:13	7.6	7:41	8.6	12:52	0.1	1:08	0.1	5:10	8:25	
7	Wed	8:19	7.5	8:43	8.7	1:57	0.0	2:10	0.2	5:11	8:24	
8	Thu	9:25	7.6	9:44	8.9	3:02	-0.2	3:13	0.2	5:11	8:24	
9	Fri	10:26	7.7	10:41	9.0	4:04	-0.5	4:12	0.1	5:12	8:23	
10	Sat	11:23	7.8	11:35	9.1	5:00	-0.7	5:08	0.1	5:13	8:23	
11	Sun			12:17	7.9	5:53	-0.8	6:01	0.0	5:14	8:22	
12	Mon	12:27	9.1	1:07	8.0	6:43	-0.8	6:52	0.1	5:14	8:22	
13	Tue	1:17	9.0	1:55	8.0	7:31	-0.7	7:41	0.1	5:15	8:21	
14	Wed	2:04	8.7	2:40	8.0	8:15	-0.5	8:29	0.3	5:16	8:21	
15	Thu	2:50	8.4	3:25	7.8	8:59	-0.2	9:16	0.5	5:17	8:20	
16	Fri	3:36	8.0	4:10	7.7	9:42	0.1	10:04	0.7	5:18	8:19	
17	Sat	4:23	7.6	4:56	7.6	10:26	0.4	10:55	0.9	5:19	8:19	
18	Sun	5:13	7.2	5:43	7.5	11:11	0.8	11:46	1.1	5:20	8:18	
19	Mon	6:04	6.9	6:31	7.4	11:57	1.1			5:21	8:17	
20	Tue	6:58	6.6	7:21	7.3	12:39	1.2	12:46	1.3	5:21	8:16	
21	Wed	7:55	6.5	8:14	7.4	1:36	1.2	1:39	1.4	5:22	8:15	
22	Thu	8:52	6.5	9:06	7.5	2:33	1.1	2:33	1.4	5:23	8:15	
23	Fri	9:45	6.6	9:55	7.7	3:26	0.9	3:24	1.3	5:24	8:14	
24	Sat	10:33	6.8	10:40	8.0	4:13	0.6	4:12	1.1	5:25	8:13	
25	Sun	11:18	7.0	11:23	8.3	4:56	0.3	4:56	0.8	5:26	8:12	
26	Mon			12:00	7.3	5:38	0.0	5:40	0.5	5:27	8:11	
27	Tue	12:06	8.5	12:42	7.7	6:19	-0.3	6:25	0.3	5:28	8:10	
28	Wed	12:50	8.7	1:24	8.0	7:00	-0.6	7:10	0.0	5:29	8:09	
29	Thu	1:34	8.8	2:06	8.2	7:42	-0.7	7:57	-0.2	5:30	8:08	
30	Fri	2:19	8.8	2:50	8.5	8:25	-0.8	8:46	-0.3	5:31	8:06	
31	Sat	3:07	8.7	3:38	8.6	9:12	-0.7	9:38	-0.3	5:32	8:05	