

## Atlantic Heights, NH - Aug 1976

| Date |     | High  |     |       |     | Low   |      |       |      |  |      |    |
|------|-----|-------|-----|-------|-----|-------|------|-------|------|-------------------------------------------------------------------------------------|------|---------------------------------------------------------------------------------------|
|      |     | AM    | ft  | PM    | ft  | AM    | ft   | PM    | ft   | Rise                                                                                | Set  | Moon                                                                                  |
| 1    | Sun | 3:59  | 8.4 | 4:29  | 8.6 | 10:01 | -0.5 | 10:34 | -0.2 | 5:33                                                                                | 8:04 |    |
| 2    | Mon | 4:56  | 8.1 | 5:25  | 8.6 | 10:55 | -0.2 | 11:34 | -0.1 | 5:35                                                                                | 8:03 |    |
| 3    | Tue | 5:57  | 7.8 | 6:24  | 8.5 | 11:52 | 0.0  |       |      | 5:36                                                                                | 8:02 |    |
| 4    | Wed | 7:01  | 7.5 | 7:26  | 8.5 | 12:37 | 0.0  | 12:53 | 0.3  | 5:37                                                                                | 8:00 |    |
| 5    | Thu | 8:09  | 7.3 | 8:31  | 8.5 | 1:44  | 0.0  | 1:58  | 0.5  | 5:38                                                                                | 7:59 |    |
| 6    | Fri | 9:16  | 7.4 | 9:34  | 8.6 | 2:52  | -0.1 | 3:03  | 0.5  | 5:39                                                                                | 7:58 |    |
| 7    | Sat | 10:16 | 7.5 | 10:32 | 8.7 | 3:54  | -0.2 | 4:04  | 0.4  | 5:40                                                                                | 7:57 |    |
| 8    | Sun | 11:11 | 7.7 | 11:25 | 8.7 | 4:49  | -0.4 | 4:58  | 0.2  | 5:41                                                                                | 7:55 |    |
| 9    | Mon |       |     | 12:01 | 7.8 | 5:39  | -0.5 | 5:49  | 0.1  | 5:42                                                                                | 7:54 |    |
| 10   | Tue | 12:14 | 8.7 | 12:48 | 7.9 | 6:26  | -0.5 | 6:37  | 0.1  | 5:43                                                                                | 7:52 |    |
| 11   | Wed | 1:00  | 8.6 | 1:31  | 8.0 | 7:08  | -0.4 | 7:21  | 0.1  | 5:44                                                                                | 7:51 |    |
| 12   | Thu | 1:43  | 8.4 | 2:11  | 7.9 | 7:48  | -0.2 | 8:04  | 0.3  | 5:45                                                                                | 7:50 |   |
| 13   | Fri | 2:24  | 8.1 | 2:50  | 7.9 | 8:26  | 0.1  | 8:45  | 0.4  | 5:46                                                                                | 7:48 |  |
| 14   | Sat | 3:05  | 7.8 | 3:29  | 7.7 | 9:04  | 0.3  | 9:28  | 0.6  | 5:47                                                                                | 7:47 |  |
| 15   | Sun | 3:48  | 7.4 | 4:10  | 7.6 | 9:44  | 0.6  | 10:13 | 0.8  | 5:49                                                                                | 7:45 |  |
| 16   | Mon | 4:33  | 7.1 | 4:54  | 7.4 | 10:26 | 0.9  | 11:00 | 1.0  | 5:50                                                                                | 7:44 |  |
| 17   | Tue | 5:22  | 6.8 | 5:42  | 7.3 | 11:11 | 1.2  | 11:51 | 1.1  | 5:51                                                                                | 7:42 |  |
| 18   | Wed | 6:14  | 6.5 | 6:32  | 7.2 | 11:59 | 1.4  |       |      | 5:52                                                                                | 7:41 |  |
| 19   | Thu | 7:09  | 6.4 | 7:26  | 7.3 | 12:45 | 1.2  | 12:52 | 1.5  | 5:53                                                                                | 7:39 |  |
| 20   | Fri | 8:07  | 6.4 | 8:22  | 7.4 | 1:43  | 1.2  | 1:48  | 1.5  | 5:54                                                                                | 7:38 |  |
| 21   | Sat | 9:03  | 6.6 | 9:16  | 7.7 | 2:40  | 1.0  | 2:44  | 1.3  | 5:55                                                                                | 7:36 |  |
| 22   | Sun | 9:54  | 6.9 | 10:05 | 8.0 | 3:32  | 0.7  | 3:37  | 1.0  | 5:56                                                                                | 7:34 |  |
| 23   | Mon | 10:41 | 7.3 | 10:52 | 8.4 | 4:19  | 0.3  | 4:25  | 0.5  | 5:57                                                                                | 7:33 |  |
| 24   | Tue | 11:25 | 7.7 | 11:38 | 8.7 | 5:03  | -0.1 | 5:13  | 0.1  | 5:58                                                                                | 7:31 |  |
| 25   | Wed |       |     | 12:09 | 8.2 | 5:46  | -0.5 | 6:00  | -0.3 | 6:00                                                                                | 7:29 |  |
| 26   | Thu | 12:25 | 8.9 | 12:53 | 8.6 | 6:30  | -0.8 | 6:48  | -0.6 | 6:01                                                                                | 7:28 |  |
| 27   | Fri | 1:12  | 9.0 | 1:38  | 8.9 | 7:14  | -0.9 | 7:36  | -0.8 | 6:02                                                                                | 7:26 |  |
| 28   | Sat | 2:00  | 9.0 | 2:24  | 9.0 | 8:00  | -0.9 | 8:27  | -0.9 | 6:03                                                                                | 7:24 |  |
| 29   | Sun | 2:50  | 8.8 | 3:13  | 9.0 | 8:48  | -0.8 | 9:20  | -0.8 | 6:04                                                                                | 7:23 |  |
| 30   | Mon | 3:43  | 8.5 | 4:07  | 8.9 | 9:40  | -0.5 | 10:17 | -0.6 | 6:05                                                                                | 7:21 |  |
| 31   | Tue | 4:42  | 8.1 | 5:05  | 8.7 | 10:36 | -0.1 | 11:19 | -0.3 | 6:06                                                                                | 7:19 |  |