

## Atlantic Heights, NH - Oct 1976

| Date |     | High  |     |       |     | Low   |      |       |      |  |      |    |
|------|-----|-------|-----|-------|-----|-------|------|-------|------|-------------------------------------------------------------------------------------|------|---------------------------------------------------------------------------------------|
|      |     | AM    | ft  | PM    | ft  | AM    | ft   | PM    | ft   | Rise                                                                                | Set  | Moon                                                                                  |
| 1    | Fri | 6:39  | 7.5 | 6:59  | 8.1 | 12:09 | 0.0  | 12:29 | 0.7  | 6:40                                                                                | 6:24 |    |
| 2    | Sat | 7:45  | 7.4 | 8:06  | 7.9 | 1:16  | 0.2  | 1:38  | 0.7  | 6:41                                                                                | 6:22 |    |
| 3    | Sun | 8:48  | 7.5 | 9:09  | 7.9 | 2:22  | 0.3  | 2:45  | 0.7  | 6:43                                                                                | 6:20 |    |
| 4    | Mon | 9:45  | 7.6 | 10:05 | 7.9 | 3:21  | 0.3  | 3:43  | 0.5  | 6:44                                                                                | 6:19 |    |
| 5    | Tue | 10:33 | 7.8 | 10:54 | 8.0 | 4:12  | 0.2  | 4:33  | 0.3  | 6:45                                                                                | 6:17 |    |
| 6    | Wed | 11:17 | 8.0 | 11:38 | 7.9 | 4:57  | 0.2  | 5:18  | 0.1  | 6:46                                                                                | 6:15 |    |
| 7    | Thu | 11:57 | 8.0 |       |     | 5:37  | 0.3  | 5:59  | 0.1  | 6:47                                                                                | 6:13 |    |
| 8    | Fri | 12:19 | 7.9 | 12:33 | 8.1 | 6:13  | 0.4  | 6:37  | 0.1  | 6:48                                                                                | 6:12 |    |
| 9    | Sat | 12:58 | 7.7 | 1:08  | 8.1 | 6:48  | 0.5  | 7:13  | 0.1  | 6:49                                                                                | 6:10 |    |
| 10   | Sun | 1:35  | 7.6 | 1:42  | 8.0 | 7:21  | 0.6  | 7:48  | 0.2  | 6:51                                                                                | 6:08 |    |
| 11   | Mon | 2:11  | 7.4 | 2:16  | 7.9 | 7:55  | 0.8  | 8:24  | 0.3  | 6:52                                                                                | 6:07 |    |
| 12   | Tue | 2:48  | 7.2 | 2:52  | 7.7 | 8:31  | 1.0  | 9:02  | 0.5  | 6:53                                                                                | 6:05 |   |
| 13   | Wed | 3:27  | 7.0 | 3:31  | 7.6 | 9:10  | 1.2  | 9:44  | 0.7  | 6:54                                                                                | 6:03 |  |
| 14   | Thu | 4:10  | 6.8 | 4:16  | 7.4 | 9:54  | 1.3  | 10:31 | 0.8  | 6:55                                                                                | 6:02 |  |
| 15   | Fri | 4:58  | 6.7 | 5:06  | 7.3 | 10:43 | 1.4  | 11:21 | 0.9  | 6:57                                                                                | 6:00 |  |
| 16   | Sat | 5:50  | 6.7 | 6:00  | 7.3 | 11:36 | 1.4  |       |      | 6:58                                                                                | 5:58 |  |
| 17   | Sun | 6:44  | 6.8 | 6:58  | 7.4 | 12:15 | 0.8  | 12:33 | 1.3  | 6:59                                                                                | 5:57 |  |
| 18   | Mon | 7:40  | 7.1 | 7:58  | 7.6 | 1:11  | 0.7  | 1:33  | 1.0  | 7:00                                                                                | 5:55 |  |
| 19   | Tue | 8:35  | 7.5 | 8:57  | 7.9 | 2:07  | 0.4  | 2:33  | 0.5  | 7:01                                                                                | 5:54 |  |
| 20   | Wed | 9:28  | 8.1 | 9:53  | 8.3 | 3:02  | 0.1  | 3:29  | -0.1 | 7:03                                                                                | 5:52 |  |
| 21   | Thu | 10:18 | 8.7 | 10:46 | 8.6 | 3:53  | -0.3 | 4:23  | -0.7 | 7:04                                                                                | 5:50 |  |
| 22   | Fri | 11:06 | 9.2 | 11:38 | 8.9 | 4:43  | -0.6 | 5:14  | -1.2 | 7:05                                                                                | 5:49 |  |
| 23   | Sat | 11:56 | 9.6 |       |     | 5:32  | -0.9 | 6:06  | -1.5 | 7:06                                                                                | 5:47 |  |
| 24   | Sun | 12:30 | 9.0 | 12:46 | 9.8 | 6:23  | -0.9 | 6:58  | -1.6 | 7:08                                                                                | 5:46 |  |
| 25   | Mon | 1:23  | 8.9 | 1:37  | 9.7 | 7:14  | -0.8 | 7:51  | -1.6 | 7:09                                                                                | 5:44 |  |
| 26   | Tue | 2:17  | 8.7 | 2:30  | 9.5 | 8:06  | -0.6 | 8:45  | -1.3 | 7:10                                                                                | 5:43 |  |
| 27   | Wed | 3:12  | 8.4 | 3:27  | 9.1 | 9:01  | -0.3 | 9:43  | -0.9 | 7:11                                                                                | 5:41 |  |
| 28   | Thu | 4:12  | 8.1 | 4:28  | 8.7 | 10:01 | 0.1  | 10:44 | -0.4 | 7:13                                                                                | 5:40 |  |
| 29   | Fri | 5:15  | 7.8 | 5:32  | 8.2 | 11:05 | 0.5  | 11:48 | 0.0  | 7:14                                                                                | 5:39 |  |
| 30   | Sat | 6:19  | 7.6 | 6:38  | 7.9 |       |      | 12:12 | 0.7  | 7:15                                                                                | 5:37 |  |
| 31   | Sun | 6:22  | 7.5 | 6:43  | 7.6 | 12:52 | 0.3  | 12:19 | 0.8  | 6:16                                                                                | 4:36 |  |