

Atlantic Heights, NH - Nov 1976

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	7:22	7.5	7:45	7.5	12:54	0.4	1:24	0.7	6:18	4:35	
2	Tue	8:17	7.7	8:41	7.5	1:52	0.5	2:22	0.6	6:19	4:33	
3	Wed	9:05	7.8	9:30	7.5	2:43	0.6	3:12	0.4	6:20	4:32	
4	Thu	9:48	8.0	10:14	7.5	3:27	0.6	3:56	0.2	6:22	4:31	
5	Fri	10:27	8.0	10:56	7.5	4:07	0.6	4:37	0.1	6:23	4:30	
6	Sat	11:04	8.1	11:34	7.4	4:43	0.7	5:14	0.1	6:24	4:28	
7	Sun	11:39	8.1			5:18	0.7	5:49	0.1	6:25	4:27	
8	Mon	12:12	7.4	12:14	8.0	5:52	0.8	6:24	0.1	6:27	4:26	
9	Tue	12:48	7.3	12:48	8.0	6:27	0.9	6:59	0.2	6:28	4:25	
10	Wed	1:24	7.1	1:23	7.9	7:03	1.0	7:36	0.3	6:29	4:24	
11	Thu	2:01	7.0	2:01	7.7	7:42	1.1	8:16	0.4	6:31	4:23	
12	Fri	2:42	6.9	2:44	7.6	8:25	1.2	9:00	0.5	6:32	4:22	
13	Sat	3:27	6.9	3:33	7.5	9:13	1.2	9:48	0.5	6:33	4:21	
14	Sun	4:16	7.0	4:26	7.5	10:06	1.2	10:39	0.5	6:34	4:20	
15	Mon	5:09	7.2	5:24	7.5	11:03	1.0	11:33	0.4	6:36	4:19	
16	Tue	6:03	7.5	6:25	7.6			12:03	0.7	6:37	4:18	
17	Wed	7:00	7.9	7:27	7.8	12:30	0.3	1:04	0.3	6:38	4:17	
18	Thu	7:56	8.4	8:27	8.0	1:27	0.0	2:05	-0.3	6:39	4:16	
19	Fri	8:50	8.9	9:24	8.3	2:23	-0.3	3:02	-0.8	6:41	4:15	
20	Sat	9:42	9.4	10:19	8.5	3:17	-0.5	3:56	-1.3	6:42	4:15	
21	Sun	10:34	9.7	11:14	8.7	4:09	-0.7	4:49	-1.6	6:43	4:14	
22	Mon	11:27	9.8			5:02	-0.8	5:42	-1.7	6:44	4:13	
23	Tue	12:08	8.7	12:20	9.7	5:55	-0.7	6:35	-1.6	6:46	4:13	
24	Wed	1:01	8.5	1:13	9.5	6:48	-0.5	7:28	-1.3	6:47	4:12	
25	Thu	1:56	8.3	2:08	9.1	7:43	-0.2	8:23	-0.9	6:48	4:11	
26	Fri	2:52	8.0	3:05	8.6	8:41	0.1	9:20	-0.5	6:49	4:11	
27	Sat	3:51	7.8	4:06	8.0	9:42	0.5	10:19	0.0	6:50	4:10	
28	Sun	4:50	7.6	5:08	7.6	10:45	0.7	11:17	0.3	6:51	4:10	
29	Mon	5:49	7.5	6:10	7.3	11:49	0.9			6:53	4:10	
30	Tue	6:46	7.5	7:11	7.1	12:16	0.6	12:53	0.9	6:54	4:09	