

Atlantic Heights, NH - Jan 1978

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	3:50	7.3	4:03	7.3	9:46	0.8	10:10	0.3	7:14	4:18	
2	Mon	4:38	7.4	4:58	7.2	10:39	0.7	11:01	0.4	7:14	4:19	
3	Tue	5:30	7.6	5:57	7.1	11:37	0.5	11:56	0.4	7:14	4:20	
4	Wed	6:26	7.9	7:00	7.2			12:39	0.2	7:14	4:21	
5	Thu	7:25	8.3	8:05	7.4	12:55	0.3	1:42	-0.2	7:14	4:22	
6	Fri	8:25	8.7	9:06	7.7	1:56	0.0	2:43	-0.6	7:14	4:23	
7	Sat	9:22	9.1	10:03	8.0	2:55	-0.3	3:40	-1.1	7:14	4:24	
8	Sun	10:18	9.4	10:59	8.3	3:51	-0.6	4:34	-1.5	7:14	4:25	
9	Mon	11:13	9.6	11:53	8.5	4:46	-0.8	5:28	-1.7	7:14	4:26	
10	Tue			12:07	9.7	5:41	-0.9	6:20	-1.7	7:13	4:27	
11	Wed	12:46	8.6	1:00	9.5	6:35	-0.9	7:11	-1.6	7:13	4:28	
12	Thu	1:38	8.6	1:53	9.1	7:29	-0.7	8:03	-1.2	7:13	4:29	
13	Fri	2:30	8.4	2:48	8.6	8:24	-0.5	8:55	-0.8	7:12	4:30	
14	Sat	3:25	8.2	3:45	8.1	9:22	-0.1	9:50	-0.3	7:12	4:32	
15	Sun	4:21	8.0	4:45	7.5	10:22	0.2	10:45	0.2	7:11	4:33	
16	Mon	5:17	7.7	5:45	7.1	11:24	0.5	11:43	0.6	7:11	4:34	
17	Tue	6:14	7.6	6:47	6.8			12:28	0.6	7:10	4:35	
18	Wed	7:12	7.5	7:49	6.7	12:42	0.9	1:30	0.6	7:10	4:36	
19	Thu	8:08	7.5	8:45	6.7	1:41	1.0	2:28	0.5	7:09	4:38	
20	Fri	8:59	7.6	9:34	6.8	2:34	1.0	3:17	0.4	7:08	4:39	
21	Sat	9:44	7.7	10:19	6.9	3:22	0.9	4:01	0.2	7:08	4:40	
22	Sun	10:26	7.9	11:00	7.1	4:04	0.8	4:41	0.0	7:07	4:41	
23	Mon	11:06	8.0	11:38	7.2	4:43	0.7	5:18	-0.1	7:06	4:43	
24	Tue	11:43	8.0			5:19	0.6	5:52	-0.2	7:05	4:44	
25	Wed	12:14	7.3	12:18	8.1	5:55	0.5	6:24	-0.2	7:05	4:45	
26	Thu	12:48	7.4	12:52	8.0	6:31	0.4	6:58	-0.2	7:04	4:47	
27	Fri	1:21	7.5	1:28	8.0	7:07	0.3	7:32	-0.2	7:03	4:48	
28	Sat	1:55	7.6	2:06	7.8	7:47	0.3	8:10	-0.1	7:02	4:49	
29	Sun	2:33	7.6	2:48	7.7	8:30	0.3	8:52	0.0	7:01	4:51	
30	Mon	3:15	7.7	3:36	7.5	9:18	0.2	9:39	0.1	7:00	4:52	
31	Tue	4:03	7.8	4:30	7.3	10:11	0.2	10:30	0.2	6:59	4:53	