

Atlantic Heights, NH - Jan 1979

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	1:01	8.5	1:13	9.5	6:49	-0.7	7:27	-1.5	7:14	4:18	
2	Tue	1:54	8.5	2:08	9.2	7:44	-0.6	8:20	-1.3	7:14	4:19	
3	Wed	2:49	8.4	3:06	8.8	8:42	-0.4	9:16	-1.0	7:14	4:20	
4	Thu	3:47	8.3	4:08	8.3	9:43	-0.2	10:14	-0.6	7:14	4:21	
5	Fri	4:47	8.2	5:12	7.9	10:48	0.0	11:14	-0.1	7:14	4:22	
6	Sat	5:48	8.1	6:17	7.5	11:54	0.2			7:14	4:23	
7	Sun	6:49	8.0	7:23	7.2	12:16	0.2	1:02	0.2	7:14	4:24	
8	Mon	7:49	8.0	8:25	7.2	1:19	0.4	2:05	0.1	7:14	4:25	
9	Tue	8:45	8.0	9:21	7.2	2:18	0.5	3:02	0.0	7:14	4:26	
10	Wed	9:35	8.1	10:11	7.2	3:10	0.6	3:51	-0.1	7:13	4:27	
11	Thu	10:20	8.1	10:56	7.3	3:57	0.6	4:36	-0.2	7:13	4:28	
12	Fri	11:02	8.1	11:37	7.3	4:40	0.6	5:17	-0.2	7:13	4:29	
13	Sat	11:42	8.1			5:20	0.5	5:55	-0.2	7:12	4:30	
14	Sun	12:15	7.3	12:19	8.1	5:57	0.6	6:30	-0.2	7:12	4:31	
15	Mon	12:52	7.3	12:54	8.0	6:33	0.6	7:03	-0.1	7:11	4:32	
16	Tue	1:27	7.3	1:30	7.8	7:09	0.6	7:37	0.0	7:11	4:34	
17	Wed	2:01	7.2	2:06	7.6	7:46	0.7	8:12	0.2	7:10	4:35	
18	Thu	2:38	7.2	2:45	7.4	8:26	0.8	8:50	0.3	7:10	4:36	
19	Fri	3:16	7.2	3:28	7.2	9:10	0.9	9:32	0.5	7:09	4:37	
20	Sat	3:59	7.2	4:16	6.9	9:57	0.9	10:17	0.6	7:09	4:39	
21	Sun	4:45	7.2	5:08	6.8	10:49	0.8	11:06	0.7	7:08	4:40	
22	Mon	5:35	7.4	6:06	6.7	11:45	0.7			7:07	4:41	
23	Tue	6:31	7.6	7:08	6.8	12:01	0.7	12:46	0.5	7:06	4:42	
24	Wed	7:30	7.9	8:11	7.1	1:00	0.6	1:48	0.1	7:06	4:44	
25	Thu	8:28	8.4	9:10	7.4	2:00	0.3	2:47	-0.4	7:05	4:45	
26	Fri	9:25	8.8	10:05	7.9	2:58	0.0	3:42	-0.9	7:04	4:46	
27	Sat	10:19	9.2	10:59	8.3	3:53	-0.5	4:35	-1.4	7:03	4:48	
28	Sun	11:13	9.5	11:51	8.6	4:47	-0.8	5:27	-1.7	7:02	4:49	
29	Mon			12:06	9.7	5:41	-1.1	6:18	-1.8	7:01	4:50	
30	Tue	12:43	8.8	12:59	9.6	6:34	-1.2	7:08	-1.7	7:00	4:52	
31	Wed	1:34	8.8	1:52	9.2	7:28	-1.1	7:59	-1.4	6:59	4:53	