

Atlantic Heights, NH - Jan 1989

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	6:01	6.9	6:32	6.2			12:12	1.3	7:14	4:18	
2	Mon	6:51	7.0	7:31	6.1	12:17	1.5	1:10	1.2	7:14	4:19	
3	Tue	7:43	7.2	8:27	6.2	1:11	1.5	2:05	0.9	7:14	4:20	
4	Wed	8:33	7.5	9:17	6.4	2:04	1.4	2:55	0.6	7:14	4:21	
5	Thu	9:20	7.8	10:04	6.7	2:53	1.2	3:42	0.2	7:14	4:22	
6	Fri	10:06	8.2	10:49	7.0	3:39	0.9	4:26	-0.2	7:14	4:23	
7	Sat	10:51	8.5	11:34	7.3	4:25	0.6	5:10	-0.5	7:14	4:24	
8	Sun	11:37	8.8			5:12	0.3	5:54	-0.8	7:14	4:25	
9	Mon	12:18	7.5	12:24	9.0	5:59	0.0	6:39	-1.0	7:13	4:26	
10	Tue	1:03	7.8	1:11	9.0	6:47	-0.2	7:24	-1.0	7:13	4:27	
11	Wed	1:49	8.0	2:00	8.8	7:38	-0.3	8:11	-0.9	7:13	4:28	
12	Thu	2:37	8.2	2:53	8.4	8:32	-0.3	9:01	-0.7	7:12	4:30	
13	Fri	3:29	8.2	3:51	8.0	9:29	-0.2	9:53	-0.3	7:12	4:31	
14	Sat	4:24	8.2	4:53	7.6	10:30	-0.1	10:49	0.1	7:12	4:32	
15	Sun	5:22	8.1	5:58	7.2	11:35	0.0	11:49	0.4	7:11	4:33	
16	Mon	6:23	8.1	7:07	6.9			12:43	0.1	7:11	4:34	
17	Tue	7:27	8.0	8:16	6.8	12:54	0.7	1:52	0.0	7:10	4:36	
18	Wed	8:30	8.1	9:17	6.9	1:59	0.8	2:54	-0.1	7:09	4:37	
19	Thu	9:27	8.2	10:12	7.0	3:00	0.8	3:50	-0.2	7:09	4:38	
20	Fri	10:20	8.2	11:02	7.1	3:54	0.7	4:40	-0.3	7:08	4:39	
21	Sat	11:08	8.3	11:47	7.2	4:43	0.6	5:26	-0.4	7:07	4:41	
22	Sun	11:52	8.2			5:28	0.5	6:07	-0.3	7:07	4:42	
23	Mon	12:28	7.3	12:33	8.1	6:10	0.5	6:45	-0.2	7:06	4:43	
24	Tue	1:06	7.3	1:11	7.9	6:50	0.5	7:20	0.0	7:05	4:44	
25	Wed	1:42	7.3	1:49	7.6	7:29	0.6	7:54	0.2	7:04	4:46	
26	Thu	2:17	7.2	2:28	7.3	8:09	0.7	8:29	0.5	7:03	4:47	
27	Fri	2:54	7.2	3:09	7.0	8:51	0.8	9:07	0.7	7:02	4:48	
28	Sat	3:33	7.1	3:55	6.6	9:36	1.0	9:48	1.0	7:02	4:50	
29	Sun	4:16	7.0	4:44	6.3	10:24	1.1	10:33	1.3	7:01	4:51	
30	Mon	5:02	7.0	5:39	6.0	11:17	1.2	11:22	1.5	7:00	4:52	
31	Tue	5:54	6.9	6:40	5.9			12:15	1.2	6:59	4:54	