

Atlantic Heights, NH - Nov 1989

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	12:57	7.0	12:53	7.8	6:34	1.2	7:08	0.4	6:18	4:35	
2	Thu	1:33	6.8	1:29	7.7	7:10	1.3	7:47	0.5	6:19	4:33	
3	Fri	2:12	6.6	2:10	7.6	7:50	1.4	8:30	0.6	6:20	4:32	
4	Sat	2:56	6.5	2:56	7.5	8:36	1.5	9:18	0.7	6:21	4:31	
5	Sun	3:46	6.5	3:49	7.4	9:27	1.6	10:11	0.7	6:23	4:30	
6	Mon	4:40	6.6	4:47	7.4	10:24	1.5	11:05	0.7	6:24	4:29	
7	Tue	5:36	6.8	5:48	7.5	11:24	1.2			6:25	4:27	
8	Wed	6:32	7.3	6:51	7.6	12:01	0.5	12:27	0.9	6:26	4:26	
9	Thu	7:28	7.8	7:52	7.9	12:58	0.3	1:30	0.3	6:28	4:25	
10	Fri	8:21	8.4	8:51	8.1	1:54	0.0	2:29	-0.3	6:29	4:24	
11	Sat	9:11	8.9	9:46	8.3	2:46	-0.2	3:23	-0.9	6:30	4:23	
12	Sun	10:01	9.4	10:39	8.4	3:37	-0.4	4:16	-1.3	6:32	4:22	
13	Mon	10:51	9.6	11:33	8.4	4:28	-0.5	5:08	-1.5	6:33	4:21	
14	Tue	11:42	9.6			5:19	-0.4	6:01	-1.5	6:34	4:20	
15	Wed	12:26	8.3	12:35	9.5	6:10	-0.3	6:54	-1.3	6:35	4:19	
16	Thu	1:20	8.1	1:28	9.1	7:03	0.0	7:48	-0.9	6:37	4:18	
17	Fri	2:15	7.8	2:24	8.7	7:58	0.4	8:45	-0.5	6:38	4:17	
18	Sat	3:13	7.4	3:24	8.2	8:57	0.7	9:45	0.0	6:39	4:16	
19	Sun	4:14	7.2	4:27	7.8	10:01	1.0	10:45	0.3	6:40	4:16	
20	Mon	5:15	7.1	5:29	7.4	11:06	1.2	11:43	0.6	6:42	4:15	
21	Tue	6:13	7.1	6:31	7.1			12:10	1.2	6:43	4:14	
22	Wed	7:08	7.2	7:31	7.0	12:40	0.9	1:13	1.1	6:44	4:13	
23	Thu	7:59	7.3	8:26	6.9	1:34	1.0	2:09	0.9	6:45	4:13	
24	Fri	8:45	7.5	9:15	6.9	2:22	1.1	2:59	0.7	6:47	4:12	
25	Sat	9:26	7.7	10:00	6.9	3:05	1.1	3:42	0.5	6:48	4:12	
26	Sun	10:05	7.8	10:41	6.9	3:44	1.1	4:22	0.3	6:49	4:11	
27	Mon	10:42	7.9	11:21	6.9	4:21	1.1	4:59	0.2	6:50	4:10	
28	Tue	11:18	7.9	11:59	6.9	4:57	1.1	5:35	0.2	6:51	4:10	
29	Wed	11:54	7.9			5:33	1.1	6:11	0.2	6:52	4:10	
30	Thu	12:37	6.9	12:31	7.9	6:10	1.2	6:48	0.2	6:53	4:09	