

Atlantic Heights, NH - Jan 1990

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	2:07	7.4	2:13	8.2	7:54	0.4	8:25	-0.3	7:14	4:18	
2	Tue	2:50	7.6	3:02	8.0	8:43	0.3	9:11	-0.2	7:14	4:19	
3	Wed	3:37	7.8	3:55	7.7	9:37	0.3	10:00	0.0	7:14	4:20	
4	Thu	4:29	7.9	4:54	7.4	10:35	0.2	10:54	0.2	7:14	4:21	
5	Fri	5:24	8.0	5:58	7.2	11:37	0.2	11:52	0.4	7:14	4:22	
6	Sat	6:24	8.2	7:06	7.0			12:43	0.0	7:14	4:23	
7	Sun	7:27	8.3	8:15	7.1	12:55	0.5	1:51	-0.2	7:14	4:24	
8	Mon	8:30	8.5	9:18	7.2	1:59	0.5	2:54	-0.5	7:14	4:25	
9	Tue	9:29	8.7	10:16	7.4	3:01	0.3	3:52	-0.7	7:13	4:26	
10	Wed	10:26	8.9	11:10	7.6	3:58	0.2	4:47	-0.9	7:13	4:27	
11	Thu	11:19	9.0			4:52	0.0	5:38	-1.0	7:13	4:28	
12	Fri	12:01	7.7	12:10	8.9	5:44	0.0	6:25	-0.9	7:13	4:29	
13	Sat	12:48	7.8	12:57	8.7	6:33	0.0	7:10	-0.7	7:12	4:30	
14	Sun	1:34	7.7	1:44	8.3	7:21	0.1	7:54	-0.4	7:12	4:32	
15	Mon	2:18	7.6	2:30	7.9	8:09	0.3	8:37	0.0	7:11	4:33	
16	Tue	3:03	7.5	3:18	7.4	8:58	0.6	9:20	0.4	7:11	4:34	
17	Wed	3:48	7.4	4:09	6.9	9:49	0.8	10:05	0.8	7:10	4:35	
18	Thu	4:35	7.2	5:02	6.5	10:42	1.0	10:53	1.2	7:10	4:36	
19	Fri	5:24	7.1	5:59	6.2	11:38	1.1	11:44	1.5	7:09	4:38	
20	Sat	6:17	7.0	6:59	6.0			12:38	1.2	7:08	4:39	
21	Sun	7:12	7.0	7:59	6.0	12:40	1.6	1:39	1.1	7:08	4:40	
22	Mon	8:08	7.1	8:54	6.2	1:38	1.6	2:34	0.9	7:07	4:42	
23	Tue	8:58	7.4	9:42	6.4	2:31	1.5	3:22	0.6	7:06	4:43	
24	Wed	9:44	7.7	10:25	6.7	3:18	1.2	4:04	0.3	7:05	4:44	
25	Thu	10:27	8.0	11:06	7.0	4:01	0.9	4:44	0.0	7:04	4:45	
26	Fri	11:08	8.3	11:45	7.3	4:43	0.6	5:22	-0.3	7:04	4:47	
27	Sat	11:48	8.5			5:24	0.3	5:59	-0.6	7:03	4:48	
28	Sun	12:22	7.6	12:29	8.6	6:06	0.0	6:37	-0.7	7:02	4:49	
29	Mon	1:00	7.9	1:11	8.5	6:50	-0.2	7:17	-0.8	7:01	4:51	
30	Tue	1:40	8.1	1:55	8.4	7:35	-0.3	7:59	-0.7	7:00	4:52	
31	Wed	2:23	8.3	2:43	8.1	8:24	-0.4	8:45	-0.4	6:59	4:53	