

Atlantic Heights, NH - Mar 1990

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	1:57	8.8	2:28	8.1	8:06	-0.9	8:22	-0.4	6:18	5:31	
2	Fri	2:46	8.7	3:23	7.7	9:00	-0.7	9:15	0.0	6:17	5:33	
3	Sat	3:41	8.4	4:25	7.2	10:00	-0.4	10:14	0.5	6:15	5:34	
4	Sun	4:43	8.1	5:34	6.9	11:05	0.0	11:19	0.8	6:13	5:35	
5	Mon	5:52	7.8	6:47	6.7			12:17	0.2	6:12	5:36	
6	Tue	7:05	7.7	7:58	6.8	12:31	1.0	1:31	0.2	6:10	5:38	
7	Wed	8:15	7.8	9:01	7.0	1:45	0.9	2:37	0.1	6:08	5:39	
8	Thu	9:16	8.0	9:54	7.3	2:50	0.7	3:32	-0.1	6:07	5:40	
9	Fri	10:09	8.1	10:41	7.6	3:45	0.4	4:20	-0.2	6:05	5:41	
10	Sat	10:57	8.2	11:23	7.8	4:34	0.1	5:02	-0.3	6:03	5:42	
11	Sun	11:40	8.1			5:18	-0.1	5:41	-0.2	6:02	5:44	
12	Mon	12:01	8.0	12:20	8.0	5:59	-0.1	6:16	0.0	6:00	5:45	
13	Tue	12:36	8.0	12:58	7.7	6:37	-0.1	6:50	0.2	5:58	5:46	
14	Wed	1:10	7.9	1:35	7.4	7:14	0.0	7:24	0.5	5:56	5:47	
15	Thu	1:44	7.8	2:13	7.1	7:51	0.2	7:59	0.8	5:55	5:49	
16	Fri	2:19	7.6	2:53	6.8	8:30	0.4	8:37	1.1	5:53	5:50	
17	Sat	2:59	7.4	3:38	6.5	9:14	0.7	9:21	1.4	5:51	5:51	
18	Sun	3:44	7.1	4:29	6.2	10:02	1.0	10:09	1.6	5:49	5:52	
19	Mon	4:35	7.0	5:25	6.0	10:56	1.1	11:03	1.8	5:47	5:53	
20	Tue	5:33	6.9	6:25	6.0	11:55	1.2			5:46	5:54	
21	Wed	6:34	6.9	7:26	6.2	12:03	1.7	12:56	1.1	5:44	5:56	
22	Thu	7:35	7.2	8:20	6.6	1:06	1.5	1:54	0.8	5:42	5:57	
23	Fri	8:31	7.6	9:08	7.2	2:05	1.1	2:44	0.4	5:40	5:58	
24	Sat	9:22	8.0	9:52	7.8	2:58	0.5	3:29	-0.1	5:39	5:59	
25	Sun	10:10	8.3	10:34	8.3	3:46	-0.1	4:12	-0.5	5:37	6:00	
26	Mon	10:57	8.6	11:17	8.8	4:34	-0.7	4:55	-0.7	5:35	6:02	
27	Tue	11:45	8.7			5:21	-1.1	5:39	-0.8	5:33	6:03	
28	Wed	12:02	9.2	12:33	8.7	6:09	-1.4	6:25	-0.8	5:31	6:04	
29	Thu	12:47	9.3	1:22	8.5	6:58	-1.4	7:13	-0.6	5:30	6:05	
30	Fri	1:35	9.3	2:15	8.1	7:50	-1.2	8:03	-0.2	5:28	6:06	
31	Sat	2:27	9.0	3:12	7.7	8:46	-0.9	8:59	0.2	5:26	6:07	