US HARBORS www.USHarbors.com

Atlantic Heights, NH - Mar 1996

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	9:00	7.3	9:34	6.9	2:37	1.1	3:15	0.5	6:18	5:32	
2	Sat	9:46	7.5	10:16	7.1	3:24	0.9	3:57	0.3	6:16	5:33	
3	Sun	10:27	7.7	10:54	7.4	4:05	0.6	4:34	0.1	6:14	5:35	
4	Mon	11:06	7.9	11:30	7.6	4:43	0.4	5:08	0.0	6:13	5:36	
5	Tue	11:42	8.0			5:19	0.2	5:41	-0.1	6:11	5:37	
6	Wed	12:03	7.8	12:18	8.0	5:55	0.0	6:14	-0.2	6:09	5:38	
7	Thu	12:36	8.0	12:54	8.0	6:32	-0.2	6:49	-0.2	6:07	5:39	
8	Fri	1:10	8.1	1:31	7.9	7:10	-0.3	7:27	-0.2	6:06	5:41	
9	Sat	1:47	8.2	2:12	7.8	7:52	-0.3	8:08	0.0	6:04	5:42	
10	Sun	2:29	8.2	2:59	7.6	8:38	-0.3	8:55	0.1	6:02	5:43	
11	Mon	3:16	8.2	3:52	7.3	9:30	-0.2	9:47	0.3	6:01	5:44	
12	Tue	4:11	8.1	4:53	7.2	10:28	0.0	10:46	0.5	5:59	5:46	
13	Wed	5:12	8.0	5:59	7.1	11:31	0.0	11:50	0.5	5:57	5:47	
14	Thu	6:20	8.0	7:09	7.2			12:39	0.0	5:55	5:48	
15	Fri	7:30	8.1	8:16	7.5	1:00	0.4	1:47	-0.2	5:54	5:49	
16	Sat	8:37	8.4	9:15	8.0	2:08	0.1	2:49	-0.5	5:52	5:50	
17	Sun	9:36	8.7	10:09	8.4	3:10	-0.3	3:45	-0.8	5:50	5:52	
18	Mon	10:31	8.9	11:00	8.7	4:06	-0.7	4:35	-1.0	5:48	5:53	
19	Tue	11:23	9.0	11:47	8.9	4:58	-1.0	5:24	-1.0	5:46	5:54	
20	Wed			12:12	8.9	5:48	-1.1	6:10	-0.9	5:45	5:55	
21	Thu	12:33	8.9	12:59	8.6	6:36	-1.1	6:54	-0.6	5:43	5:56	
22	Fri	1:17	8.8	1:46	8.2	7:22	-0.9	7:38	-0.2	5:41	5:57	
23	Sat	2:01	8.5	2:33	7.8	8:09	-0.5	8:23	0.2	5:39	5:59	
24	Sun	2:46	8.1	3:22	7.3	8:57	-0.1	9:10	0.7	5:38	6:00	
25	Mon	3:35	7.7	4:15	6.9	9:48	0.3	10:02	1.1	5:36	6:01	
26	Tue	4:27	7.3	5:11	6.6	10:43	0.7	10:57	1.4	5:34	6:02	
27	Wed	5:24	7.1	6:09	6.5	11:41	0.9	11:56	1.5	5:32	6:03	
28	Thu	6:23	6.9	7:08	6.5			12:41	1.1	5:30	6:04	
29	Fri	7:23	6.9	8:04	6.7	12:58	1.5	1:39	1.0	5:29	6:06	
30	Sat	8:19	7.1	8:53	6.9	1:56	1.3	2:30	0.8	5:27	6:07	
31	Sun	9:08	7.3	9:36	7.3	2:47	1.0	3:13	0.6	5:25	6:08	