US HARBORS www.USHarbors.com

Atlantic Heights, NH - Jul 1996

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon			12:24	8.3	6:00	-1.2	6:10	-0.4	5:07	8:26	
2	Tue	12:36	9.7	1:18	8.5	6:52	-1.4	7:05	-0.6	5:08	8:26	
3	Wed	1:30	9.7	2:12	8.6	7:45	-1.5	8:00	-0.6	5:08	8:25	
4	Thu	2:25	9.6	3:06	8.7	8:37	-1.4	8:56	-0.5	5:09	8:25	
5	Fri	3:21	9.2	4:02	8.7	9:31	-1.1	9:55	-0.3	5:10	8:25	
6	Sat	4:19	8.8	4:59	8.6	10:27	-0.8	10:57	-0.1	5:10	8:25	
7	Sun	5:20	8.4	5:57	8.4	11:24	-0.4			5:11	8:24	
8	Mon	6:22	7.9	6:56	8.3	12:00	0.1	12:22	0.0	5:12	8:24	
9	Tue	7:26	7.5	7:55	8.2	1:05	0.3	1:22	0.4	5:12	8:23	
10	Wed	8:29	7.3	8:53	8.1	2:09	0.3	2:22	0.7	5:13	8:23	
11	Thu	9:29	7.2	9:47	8.1	3:11	0.3	3:19	0.8	5:14	8:22	
12	Fri	10:24	7.1	10:36	8.2	4:06	0.2	4:11	0.9	5:15	8:22	
13	Sat	11:13	7.2	11:21	8.2	4:55	0.2	4:58	0.9	5:15	8:21	
14	Sun	11:58	7.2			5:39	0.1	5:41	0.9	5:16	8:21	
15	Mon	12:04	8.2	12:39	7.3	6:20	0.1	6:21	0.9	5:17	8:20	
16	Tue	12:43	8.2	1:18	7.3	6:57	0.1	6:59	0.9	5:18	8:19	
17	Wed	1:21	8.1	1:55	7.3	7:32	0.1	7:35	0.9	5:19	8:19	
18	Thu	1:57	8.0	2:30	7.4	8:05	0.1	8:12	0.9	5:20	8:18	
19	Fri	2:33	7.9	3:05	7.4	8:39	0.2	8:50	0.9	5:21	8:17	
20	Sat	3:10	7.7	3:41	7.4	9:15	0.3	9:31	0.9	5:22	8:16	
21	Sun	3:49	7.6	4:20	7.5	9:53	0.4	10:15	0.9	5:23	8:15	
22	Mon	4:32	7.4	5:02	7.6	10:34	0.5	11:02	0.9	5:24	8:14	
23	Tue	5:20	7.2	5:47	7.7	11:19	0.6	11:54	0.8	5:25	8:14	
24	Wed	6:11	7.1	6:37	7.9			12:09	0.7	5:26	8:13	
25	Thu	7:08	7.0	7:32	8.1	12:49	0.6	1:02	0.6	5:27	8:12	
26	Fri	8:09	7.1	8:31	8.4	1:49	0.4	2:01	0.5	5:28	8:11	
27	Sat	9:12	7.3	9:31	8.8	2:51	0.0	3:02	0.3	5:29	8:10	
28	Sun	10:12	7.7	10:28	9.2	3:50	-0.4	4:00	0.0	5:30	8:08	
29	Mon	11:09	8.1	11:24	9.5	4:46	-0.8	4:57	-0.4	5:31	8:07	
30	Tue			12:04	8.4	5:40	-1.2	5:53	-0.7	5:32	8:06	
31	Wed	12:20	9.7	12:59	8.7	6:33	-1.4	6:49	-0.8	5:33	8:05	