



Atlantic Heights, NH - Jul 1996

| Date | | High | | | | Low | | | |  | |  |
|------|-----|-------|-----|-------|-----|-------|------|-------|------|---|------|---|
| | | AM | ft | PM | ft | AM | ft | PM | ft | Rise | Set | Moon |
| 1 | Mon | | | 12:24 | 8.3 | 6:00 | -1.2 | 6:10 | -0.4 | 5:07 | 8:26 | ☉ |
| 2 | Tue | 12:36 | 9.7 | 1:18 | 8.5 | 6:52 | -1.4 | 7:05 | -0.6 | 5:08 | 8:26 | ☉ |
| 3 | Wed | 1:30 | 9.7 | 2:12 | 8.6 | 7:45 | -1.5 | 8:00 | -0.6 | 5:08 | 8:25 | ☉ |
| 4 | Thu | 2:25 | 9.6 | 3:06 | 8.7 | 8:37 | -1.4 | 8:56 | -0.5 | 5:09 | 8:25 | ☾ |
| 5 | Fri | 3:21 | 9.2 | 4:02 | 8.7 | 9:31 | -1.1 | 9:55 | -0.3 | 5:10 | 8:25 | ☾ |
| 6 | Sat | 4:19 | 8.8 | 4:59 | 8.6 | 10:27 | -0.8 | 10:57 | -0.1 | 5:10 | 8:25 | ☾ |
| 7 | Sun | 5:20 | 8.4 | 5:57 | 8.4 | 11:24 | -0.4 | | | 5:11 | 8:24 | ☾ |
| 8 | Mon | 6:22 | 7.9 | 6:56 | 8.3 | 12:00 | 0.1 | 12:22 | 0.0 | 5:12 | 8:24 | ☾ |
| 9 | Tue | 7:26 | 7.5 | 7:55 | 8.2 | 1:05 | 0.3 | 1:22 | 0.4 | 5:12 | 8:23 | ☾ |
| 10 | Wed | 8:29 | 7.3 | 8:53 | 8.1 | 2:09 | 0.3 | 2:22 | 0.7 | 5:13 | 8:23 | ☾ |
| 11 | Thu | 9:29 | 7.2 | 9:47 | 8.1 | 3:11 | 0.3 | 3:19 | 0.8 | 5:14 | 8:22 | ☾ |
| 12 | Fri | 10:24 | 7.1 | 10:36 | 8.2 | 4:06 | 0.2 | 4:11 | 0.9 | 5:15 | 8:22 | ☾ |
| 13 | Sat | 11:13 | 7.2 | 11:21 | 8.2 | 4:55 | 0.2 | 4:58 | 0.9 | 5:15 | 8:21 | ☾ |
| 14 | Sun | 11:58 | 7.2 | | | 5:39 | 0.1 | 5:41 | 0.9 | 5:16 | 8:21 | ☾ |
| 15 | Mon | 12:04 | 8.2 | 12:39 | 7.3 | 6:20 | 0.1 | 6:21 | 0.9 | 5:17 | 8:20 | ☾ |
| 16 | Tue | 12:43 | 8.2 | 1:18 | 7.3 | 6:57 | 0.1 | 6:59 | 0.9 | 5:18 | 8:19 | ☾ |
| 17 | Wed | 1:21 | 8.1 | 1:55 | 7.3 | 7:32 | 0.1 | 7:35 | 0.9 | 5:19 | 8:19 | ☾ |
| 18 | Thu | 1:57 | 8.0 | 2:30 | 7.4 | 8:05 | 0.1 | 8:12 | 0.9 | 5:20 | 8:18 | ☾ |
| 19 | Fri | 2:33 | 7.9 | 3:05 | 7.4 | 8:39 | 0.2 | 8:50 | 0.9 | 5:21 | 8:17 | ☾ |
| 20 | Sat | 3:10 | 7.7 | 3:41 | 7.4 | 9:15 | 0.3 | 9:31 | 0.9 | 5:22 | 8:16 | ☾ |
| 21 | Sun | 3:49 | 7.6 | 4:20 | 7.5 | 9:53 | 0.4 | 10:15 | 0.9 | 5:23 | 8:15 | ☾ |
| 22 | Mon | 4:32 | 7.4 | 5:02 | 7.6 | 10:34 | 0.5 | 11:02 | 0.9 | 5:24 | 8:14 | ☾ |
| 23 | Tue | 5:20 | 7.2 | 5:47 | 7.7 | 11:19 | 0.6 | 11:54 | 0.8 | 5:25 | 8:14 | ☾ |
| 24 | Wed | 6:11 | 7.1 | 6:37 | 7.9 | | | 12:09 | 0.7 | 5:26 | 8:13 | ☾ |
| 25 | Thu | 7:08 | 7.0 | 7:32 | 8.1 | 12:49 | 0.6 | 1:02 | 0.6 | 5:27 | 8:12 | ☾ |
| 26 | Fri | 8:09 | 7.1 | 8:31 | 8.4 | 1:49 | 0.4 | 2:01 | 0.5 | 5:28 | 8:11 | ☾ |
| 27 | Sat | 9:12 | 7.3 | 9:31 | 8.8 | 2:51 | 0.0 | 3:02 | 0.3 | 5:29 | 8:10 | ☉ |
| 28 | Sun | 10:12 | 7.7 | 10:28 | 9.2 | 3:50 | -0.4 | 4:00 | 0.0 | 5:30 | 8:08 | ☉ |
| 29 | Mon | 11:09 | 8.1 | 11:24 | 9.5 | 4:46 | -0.8 | 4:57 | -0.4 | 5:31 | 8:07 | ☉ |
| 30 | Tue | | | 12:04 | 8.4 | 5:40 | -1.2 | 5:53 | -0.7 | 5:32 | 8:06 | ☉ |
| 31 | Wed | 12:20 | 9.7 | 12:59 | 8.7 | 6:33 | -1.4 | 6:49 | -0.8 | 5:33 | 8:05 | ☉ |