US HARBORS www.USHarbors.com

Atlantic Heights, NH - Aug 1996

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	1:15	9.7	1:51	8.9	7:25	-1.5	7:44	-0.9	5:34	8:04	
2	Fri	2:09	9.5	2:44	9.0	8:17	-1.4	8:39	-0.8	5:35	8:03	
3	Sat	3:03	9.2	3:37	8.9	9:09	-1.1	9:36	-0.6	5:36	8:02	
4	Sun	3:59	8.7	4:32	8.7	10:02	-0.6	10:35	-0.3	5:37	8:00	
5	Mon	4:58	8.2	5:29	8.4	10:57	-0.2	11:36	0.1	5:38	7:59	
6	Tue	5:59	7.7	6:26	8.2	11:54	0.3			5:39	7:58	
7	Wed	7:00	7.3	7:25	7.9	12:38	0.3	12:53	0.7	5:40	7:56	
8	Thu	8:02	7.0	8:24	7.8	1:42	0.5	1:54	1.0	5:41	7:55	
9	Fri	9:03	6.9	9:20	7.8	2:44	0.6	2:53	1.1	5:42	7:54	
10	Sat	9:58	6.9	10:12	7.9	3:41	0.5	3:47	1.1	5:43	7:52	
11	Sun	10:47	7.0	10:58	7.9	4:30	0.4	4:35	1.0	5:44	7:51	
12	Mon	11:31	7.2	11:40	8.0	5:13	0.3	5:17	0.9	5:46	7:49	
13	Tue			12:11	7.3	5:53	0.2	5:57	0.8	5:47	7:48	
14	Wed	12:19	8.1	12:49	7.4	6:28	0.2	6:34	0.7	5:48	7:46	
15	Thu	12:56	8.1	1:24	7.5	7:02	0.1	7:09	0.6	5:49	7:45	
16	Fri	1:32	8.0	1:57	7.6	7:34	0.2	7:45	0.6	5:50	7:43	
17	Sat	2:06	7.9	2:30	7.7	8:07	0.2	8:22	0.5	5:51	7:42	
18	Sun	2:42	7.8	3:04	7.7	8:41	0.3	9:01	0.5	5:52	7:40	
19	Mon	3:20	7.6	3:41	7.8	9:19	0.4	9:43	0.5	5:53	7:39	
20	Tue	4:02	7.5	4:24	7.8	10:01	0.5	10:31	0.5	5:54	7:37	
21	Wed	4:50	7.3	5:12	7.9	10:47	0.6	11:24	0.5	5:55	7:36	
22	Thu	5:43	7.2	6:06	8.0	11:39	0.6			5:56	7:34	
23	Fri	6:42	7.1	7:04	8.1	12:21	0.4	12:36	0.6	5:58	7:32	
24	Sat	7:46	7.2	8:08	8.4	1:23	0.3	1:38	0.5	5:59	7:31	
25	Sun	8:52	7.4	9:12	8.7	2:27	0.0	2:42	0.3	6:00	7:29	
26	Mon	9:54	7.8	10:13	9.0	3:30	-0.4	3:45	-0.1	6:01	7:28	
27	Tue	10:51	8.3	11:10	9.3	4:27	-0.8	4:43	-0.5	6:02	7:26	
28	Wed	11:45	8.7			5:21	-1.1	5:39	-0.8	6:03	7:24	
29	Thu	12:05	9.5	12:38	9.0	6:13	-1.3	6:33	-1.0	6:04	7:22	
30	Fri	12:59	9.5	1:28	9.1	7:04	-1.3	7:26	-1.1	6:05	7:21	
31	Sat	1:51	9.3	2:18	9.1	7:53	-1.1	8:19	-1.0	6:06	7:19	