US HARBORS www.USHarbors.com

Atlantic Heights, NH - Oct 1996

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	3:13	8.1	3:28	8.5	9:04	0.1	9:39	-0.2	6:40	6:24	
2	Wed	4:05	7.7	4:19	8.1	9:54	0.6	10:33	0.2	6:42	6:22	
3	Thu	5:00	7.3	5:14	7.7	10:48	1.0	11:30	0.6	6:43	6:20	
4	Fri	5:57	7.0	6:12	7.4	11:45	1.3			6:44	6:18	
5	Sat	6:55	6.8	7:11	7.2	12:28	0.9	12:44	1.4	6:45	6:17	
6	Sun	7:53	6.8	8:09	7.2	1:27	1.0	1:45	1.5	6:46	6:15	
7	Mon	8:47	6.9	9:04	7.3	2:25	1.0	2:43	1.3	6:47	6:13	
8	Tue	9:37	7.1	9:53	7.4	3:15	0.9	3:33	1.1	6:48	6:11	
9	Wed	10:20	7.4	10:37	7.6	3:59	0.7	4:17	0.8	6:50	6:10	
10	Thu	10:59	7.7	11:18	7.7	4:38	0.5	4:57	0.5	6:51	6:08	
11	Fri	11:36	7.9	11:57	7.8	5:14	0.4	5:34	0.2	6:52	6:06	
12	Sat			12:11	8.1	5:49	0.3	6:12	0.0	6:53	6:05	
13	Sun	12:35	7.9	12:46	8.3	6:24	0.2	6:49	-0.2	6:54	6:03	
14	Mon	1:13	7.9	1:22	8.4	7:01	0.2	7:29	-0.3	6:56	6:01	
15	Tue	1:52	7.9	2:01	8.5	7:41	0.2	8:11	-0.4	6:57	6:00	
16	Wed	2:34	7.8	2:43	8.5	8:23	0.3	8:56	-0.3	6:58	5:58	
17	Thu	3:20	7.7	3:31	8.4	9:10	0.4	9:47	-0.2	6:59	5:56	
18	Fri	4:12	7.5	4:26	8.3	10:03	0.5	10:43	-0.1	7:00	5:55	
19	Sat	5:11	7.4	5:27	8.2	11:02	0.6	11:44	0.0	7:02	5:53	
20	Sun	6:14	7.5	6:32	8.1			12:06	0.6	7:03	5:52	
21	Mon	7:19	7.6	7:40	8.1	12:47	0.0	1:13	0.5	7:04	5:50	
22	Tue	8:23	7.9	8:47	8.2	1:52	0.0	2:21	0.2	7:05	5:49	
23	Wed	9:23	8.3	9:49	8.4	2:55	-0.2	3:24	-0.2	7:07	5:47	
24	Thu	10:18	8.6	10:45	8.6	3:51	-0.4	4:22	-0.6	7:08	5:46	
25	Fri	11:08	8.9	11:38	8.6	4:43	-0.5	5:14	-0.9	7:09	5:44	
26	Sat	11:56	9.1			5:32	-0.5	6:04	-1.0	7:10	5:43	
27	Sun	12:28	8.6	11:43 AM	9.1	5:19	-0.4	5:52	-1.0	6:12	4:41	
28	Mon	12:16	8.4	12:28	8.9	6:05	-0.2	6:38	-0.8	6:13	4:40	
29	Tue	1:03	8.1	1:12	8.7	6:50	0.1	7:24	-0.5	6:14	4:38	
30	Wed	1:49	7.8	1:57	8.3	7:35	0.5	8:10	-0.1	6:15	4:37	
31	Thu	2:36	7.4	2:44	7.9	8:21	0.8	8:59	0.3	6:17	4:36	