US HARBORS www.USHarbors.com

Atlantic Heights, NH - Nov 1996

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	3:27	7.1	3:35	7.6	9:11	1.2	9:50	0.6	6:18	4:34	
2	Sat	4:20	6.9	4:29	7.3	10:05	1.4	10:43	0.9	6:19	4:33	
3	Sun	5:14	6.8	5:25	7.1	11:01	1.5	11:37	1.0	6:20	4:32	
4	Mon	6:08	6.8	6:22	7.0	11:59	1.5			6:22	4:31	
5	Tue	7:01	6.9	7:18	7.0	12:30	1.1	12:57	1.4	6:23	4:29	
6	Wed	7:51	7.2	8:11	7.1	1:22	1.0	1:51	1.1	6:24	4:28	
7	Thu	8:36	7.5	8:59	7.3	2:10	0.9	2:39	0.8	6:26	4:27	
8	Fri	9:17	7.8	9:42	7.5	2:52	0.7	3:21	0.4	6:27	4:26	
9	Sat	9:56	8.1	10:24	7.7	3:32	0.5	4:02	0.0	6:28	4:25	
10	Sun	10:34	8.4	11:05	7.8	4:11	0.3	4:42	-0.3	6:29	4:24	
11	Mon	11:13	8.7	11:47	7.9	4:51	0.2	5:23	-0.6	6:31	4:23	
12	Tue	11:54	8.8			5:32	0.1	6:06	-0.7	6:32	4:22	
13	Wed	12:30	8.0	12:37	8.9	6:16	0.0	6:51	-0.8	6:33	4:21	
14	Thu	1:16	8.0	1:24	8.9	7:03	0.0	7:39	-0.8	6:35	4:20	
15	Fri	2:05	7.9	2:15	8.8	7:53	0.1	8:31	-0.6	6:36	4:19	
16	Sat	2:59	7.8	3:12	8.5	8:49	0.3	9:28	-0.5	6:37	4:18	
17	Sun	3:59	7.8	4:14	8.3	9:50	0.4	10:28	-0.3	6:38	4:17	
18	Mon	5:01	7.8	5:20	8.1	10:55	0.4	11:30	-0.1	6:40	4:16	
19	Tue	6:04	7.9	6:28	7.9			12:02	0.4	6:41	4:15	
20	Wed	7:07	8.1	7:35	7.9	12:34	0.0	1:11	0.2	6:42	4:15	
21	Thu	8:07	8.4	8:37	7.9	1:36	0.0	2:14	-0.2	6:43	4:14	
22	Fri	9:01	8.6	9:33	8.0	2:34	-0.1	3:11	-0.5	6:44	4:13	
23	Sat	9:51	8.8	10:25	8.0	3:26	-0.1	4:03	-0.7	6:46	4:13	
24	Sun	10:38	8.9	11:14	8.0	4:14	-0.1	4:51	-0.8	6:47	4:12	
25	Mon	11:23	8.8			5:00	0.0	5:37	-0.7	6:48	4:11	
26	Tue	12:00	7.9	12:07	8.7	5:44	0.2	6:20	-0.6	6:49	4:11	
27	Wed	12:44	7.7	12:48	8.5	6:27	0.4	7:02	-0.4	6:50	4:10	
28	Thu	1:26	7.5	1:30	8.2	7:09	0.6	7:43	-0.1	6:52	4:10	
29	Fri	2:09	7.3	2:12	7.9	7:51	0.9	8:26	0.2	6:53	4:09	
30	Sat	2:53	7.1	2:57	7.6	8:36	1.1	9:10	0.5	6:54	4:09	