US HARBORS www.USHarbors.com

Atlantic Heights, NH - Dec 1996

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	3:40	7.0	3:45	7.3	9:24	1.3	9:56	0.7	6:55	4:09	
2	Mon	4:28	6.9	4:37	7.0	10:16	1.4	10:44	0.9	6:56	4:08	
3	Tue	5:18	6.9	5:31	6.8	11:09	1.4	11:33	1.0	6:57	4:08	
4	Wed	6:07	7.0	6:26	6.8			12:04	1.3	6:58	4:08	
5	Thu	6:57	7.2	7:22	6.8	12:23	1.0	1:00	1.1	6:59	4:08	
6	Fri	7:46	7.4	8:15	6.9	1:14	1.0	1:54	0.8	7:00	4:08	
7	Sat	8:33	7.8	9:04	7.2	2:04	0.8	2:43	0.4	7:01	4:08	
8	Sun	9:17	8.2	9:50	7.4	2:50	0.6	3:28	-0.1	7:02	4:08	
9	Mon	10:00	8.6	10:36	7.7	3:35	0.3	4:13	-0.5	7:03	4:08	
10	Tue	10:45	8.9	11:23	7.9	4:21	0.0	4:59	-0.9	7:04	4:08	
11	Wed	11:31	9.2			5:07	-0.2	5:46	-1.1	7:04	4:08	
12	Thu	12:10	8.1	12:19	9.3	5:56	-0.3	6:34	-1.2	7:05	4:08	
13	Fri	12:59	8.2	1:09	9.2	6:46	-0.4	7:24	-1.2	7:06	4:08	
14	Sat	1:50	8.2	2:02	9.0	7:39	-0.3	8:16	-1.1	7:07	4:08	
15	Sun	2:44	8.2	2:59	8.7	8:35	-0.2	9:11	-0.8	7:07	4:08	
16	Mon	3:42	8.1	4:00	8.3	9:36	0.0	10:10	-0.5	7:08	4:09	
17	Tue	4:43	8.1	5:05	8.0	10:41	0.1	11:10	-0.2	7:09	4:09	
18	Wed	5:45	8.1	6:12	7.7	11:48	0.2			7:09	4:09	
19	Thu	6:47	8.1	7:19	7.5	12:12	0.0	12:56	0.1	7:10	4:10	
20	Fri	7:47	8.2	8:23	7.5	1:15	0.2	2:01	-0.1	7:11	4:10	
21	Sat	8:44	8.4	9:20	7.5	2:16	0.3	2:59	-0.3	7:11	4:11	
22	Sun	9:35	8.5	10:12	7.5	3:10	0.3	3:51	-0.4	7:12	4:11	
23	Mon	10:23	8.5	10:59	7.5	3:59	0.3	4:39	-0.5	7:12	4:12	
24	Tue	11:07	8.5	11:44	7.5	4:44	0.3	5:22	-0.5	7:12	4:12	
25	Wed	11:49	8.4			5:27	0.4	6:03	-0.4	7:13	4:13	
26	Thu	12:25	7.5	12:28	8.3	6:07	0.5	6:41	-0.3	7:13	4:14	
27	Fri	1:03	7.4	1:06	8.1	6:45	0.6	7:17	-0.1	7:13	4:14	
28	Sat	1:41	7.3	1:44	7.9	7:24	0.7	7:54	0.1	7:14	4:15	
29	Sun	2:19	7.2	2:24	7.6	8:04	0.8	8:32	0.3	7:14	4:16	
30	Mon	2:59	7.1	3:06	7.3	8:46	1.0	9:12	0.5	7:14	4:17	
31	Tue	3:42	7.1	3:52	7.1	9:32	1.1	9:57	0.7	7:14	4:18	