


































Atlantic Heights, NH - Mar 1997

| Date | | High | | | | Low | | | |  | |  |
|------|-----|-------|-----|-------|-----|-------|------|-------|------|---|------|---|
| | | AM | ft | PM | ft | AM | ft | PM | ft | Rise | Set | Moon |
| 1 | Sat | 3:46 | 7.5 | 4:18 | 6.9 | 9:57 | 0.4 | 10:13 | 0.7 | 6:18 | 5:32 |  |
| 2 | Sun | 4:37 | 7.5 | 5:15 | 6.8 | 10:52 | 0.5 | 11:08 | 0.8 | 6:16 | 5:33 |  |
| 3 | Mon | 5:34 | 7.6 | 6:17 | 6.8 | 11:52 | 0.4 | | | 6:15 | 5:34 |  |
| 4 | Tue | 6:38 | 7.8 | 7:24 | 7.0 | 12:09 | 0.7 | 12:57 | 0.2 | 6:13 | 5:35 |  |
| 5 | Wed | 7:44 | 8.1 | 8:28 | 7.4 | 1:15 | 0.5 | 2:02 | -0.2 | 6:11 | 5:37 |  |
| 6 | Thu | 8:47 | 8.5 | 9:26 | 7.9 | 2:19 | 0.1 | 3:01 | -0.7 | 6:10 | 5:38 |  |
| 7 | Fri | 9:45 | 9.0 | 10:20 | 8.5 | 3:19 | -0.5 | 3:56 | -1.1 | 6:08 | 5:39 |  |
| 8 | Sat | 10:40 | 9.3 | 11:12 | 8.9 | 4:14 | -1.0 | 4:47 | -1.4 | 6:06 | 5:40 |  |
| 9 | Sun | 11:34 | 9.4 | | | 5:08 | -1.3 | 5:37 | -1.6 | 6:04 | 5:42 |  |
| 10 | Mon | 12:02 | 9.2 | 12:26 | 9.4 | 6:01 | -1.5 | 6:27 | -1.5 | 6:03 | 5:43 |  |
| 11 | Tue | 12:51 | 9.3 | 1:17 | 9.2 | 6:53 | -1.5 | 7:16 | -1.2 | 6:01 | 5:44 |  |
| 12 | Wed | 1:40 | 9.2 | 2:10 | 8.7 | 7:45 | -1.3 | 8:06 | -0.8 | 5:59 | 5:45 |  |
| 13 | Thu | 2:31 | 8.9 | 3:04 | 8.2 | 8:39 | -0.9 | 8:58 | -0.3 | 5:57 | 5:46 |  |
| 14 | Fri | 3:24 | 8.5 | 4:03 | 7.7 | 9:36 | -0.5 | 9:54 | 0.3 | 5:56 | 5:48 |  |
| 15 | Sat | 4:22 | 8.0 | 5:04 | 7.2 | 10:36 | 0.0 | 10:54 | 0.8 | 5:54 | 5:49 |  |
| 16 | Sun | 5:22 | 7.6 | 6:07 | 6.9 | 11:40 | 0.4 | 11:57 | 1.1 | 5:52 | 5:50 |  |
| 17 | Mon | 6:25 | 7.4 | 7:10 | 6.7 | | | 12:45 | 0.6 | 5:50 | 5:51 |  |
| 18 | Tue | 7:29 | 7.3 | 8:10 | 6.8 | 1:03 | 1.2 | 1:48 | 0.7 | 5:49 | 5:52 |  |
| 19 | Wed | 8:27 | 7.3 | 9:03 | 7.0 | 2:05 | 1.1 | 2:43 | 0.6 | 5:47 | 5:54 |  |
| 20 | Thu | 9:18 | 7.4 | 9:48 | 7.2 | 2:58 | 0.9 | 3:29 | 0.4 | 5:45 | 5:55 |  |
| 21 | Fri | 10:03 | 7.6 | 10:29 | 7.4 | 3:43 | 0.7 | 4:10 | 0.3 | 5:43 | 5:56 |  |
| 22 | Sat | 10:44 | 7.7 | 11:06 | 7.6 | 4:24 | 0.5 | 4:46 | 0.2 | 5:42 | 5:57 |  |
| 23 | Sun | 11:22 | 7.8 | 11:40 | 7.8 | 5:01 | 0.3 | 5:19 | 0.2 | 5:40 | 5:58 |  |
| 24 | Mon | 11:58 | 7.8 | | | 5:36 | 0.1 | 5:51 | 0.2 | 5:38 | 6:00 |  |
| 25 | Tue | 12:13 | 7.9 | 12:32 | 7.8 | 6:09 | 0.0 | 6:23 | 0.2 | 5:36 | 6:01 |  |
| 26 | Wed | 12:44 | 7.9 | 1:06 | 7.7 | 6:44 | 0.0 | 6:56 | 0.2 | 5:34 | 6:02 |  |
| 27 | Thu | 1:16 | 8.0 | 1:42 | 7.5 | 7:20 | -0.1 | 7:32 | 0.3 | 5:33 | 6:03 |  |
| 28 | Fri | 1:51 | 8.0 | 2:21 | 7.4 | 7:59 | 0.0 | 8:12 | 0.5 | 5:31 | 6:04 |  |
| 29 | Sat | 2:31 | 8.0 | 3:05 | 7.2 | 8:43 | 0.0 | 8:57 | 0.6 | 5:29 | 6:05 |  |
| 30 | Sun | 3:17 | 7.9 | 3:56 | 7.1 | 9:32 | 0.1 | 9:48 | 0.7 | 5:27 | 6:07 |  |
| 31 | Mon | 4:10 | 7.8 | 4:53 | 7.0 | 10:28 | 0.2 | 10:46 | 0.8 | 5:26 | 6:08 |  |