US HARBORS www.USHarbors.com

Atlantic Heights, NH - Mar 1997

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	3:46	7.5	4:18	6.9	9:57	0.4	10:13	0.7	6:18	5:32	
2	Sun	4:37	7.5	5:15	6.8	10:52	0.5	11:08	0.8	6:16	5:33	
3	Mon	5:34	7.6	6:17	6.8	11:52	0.4			6:15	5:34	
4	Tue	6:38	7.8	7:24	7.0	12:09	0.7	12:57	0.2	6:13	5:35	
5	Wed	7:44	8.1	8:28	7.4	1:15	0.5	2:02	-0.2	6:11	5:37	
6	Thu	8:47	8.5	9:26	7.9	2:19	0.1	3:01	-0.7	6:10	5:38	
7	Fri	9:45	9.0	10:20	8.5	3:19	-0.5	3:56	-1.1	6:08	5:39	
8	Sat	10:40	9.3	11:12	8.9	4:14	-1.0	4:47	-1.4	6:06	5:40	
9	Sun	11:34	9.4			5:08	-1.3	5:37	-1.6	6:04	5:42	
10	Mon	12:02	9.2	12:26	9.4	6:01	-1.5	6:27	-1.5	6:03	5:43	
11	Tue	12:51	9.3	1:17	9.2	6:53	-1.5	7:16	-1.2	6:01	5:44	
12	Wed	1:40	9.2	2:10	8.7	7:45	-1.3	8:06	-0.8	5:59	5:45	
13	Thu	2:31	8.9	3:04	8.2	8:39	-0.9	8:58	-0.3	5:57	5:46	
14	Fri	3:24	8.5	4:03	7.7	9:36	-0.5	9:54	0.3	5:56	5:48	
15	Sat	4:22	8.0	5:04	7.2	10:36	0.0	10:54	0.8	5:54	5:49	
16	Sun	5:22	7.6	6:07	6.9	11:40	0.4	11:57	1.1	5:52	5:50	
17	Mon	6:25	7.4	7:10	6.7			12:45	0.6	5:50	5:51	
18	Tue	7:29	7.3	8:10	6.8	1:03	1.2	1:48	0.7	5:49	5:52	
19	Wed	8:27	7.3	9:03	7.0	2:05	1.1	2:43	0.6	5:47	5:54	
20	Thu	9:18	7.4	9:48	7.2	2:58	0.9	3:29	0.4	5:45	5:55	
21	Fri	10:03	7.6	10:29	7.4	3:43	0.7	4:10	0.3	5:43	5:56	
22	Sat	10:44	7.7	11:06	7.6	4:24	0.5	4:46	0.2	5:42	5:57	
23	Sun	11:22	7.8	11:40	7.8	5:01	0.3	5:19	0.2	5:40	5:58	
24	Mon	11:58	7.8			5:36	0.1	5:51	0.2	5:38	6:00	
25	Tue	12:13	7.9	12:32	7.8	6:09	0.0	6:23	0.2	5:36	6:01	
26	Wed	12:44	7.9	1:06	7.7	6:44	0.0	6:56	0.2	5:34	6:02	
27	Thu	1:16	8.0	1:42	7.5	7:20	-0.1	7:32	0.3	5:33	6:03	
28	Fri	1:51	8.0	2:21	7.4	7:59	0.0	8:12	0.5	5:31	6:04	
29	Sat	2:31	8.0	3:05	7.2	8:43	0.0	8:57	0.6	5:29	6:05	
30	Sun	3:17	7.9	3:56	7.1	9:32	0.1	9:48	0.7	5:27	6:07	
31	Mon	4:10	7.8	4:53	7.0	10:28	0.2	10:46	0.8	5:26	6:08	