US HARBORS www.USHarbors.com

Atlantic Heights, NH - Aug 1997

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	11:18	7.4	11:29	8.4	4:58	-0.1	5:04	0.6	5:33	8:04	
2	Sat			12:04	7.4	5:45	-0.1	5:50	0.6	5:34	8:03	
3	Sun	12:13	8.3	12:47	7.5	6:27	-0.1	6:32	0.6	5:36	8:02	
4	Mon	12:54	8.3	1:26	7.5	7:05	0.0	7:11	0.6	5:37	8:01	
5	Tue	1:33	8.2	2:03	7.5	7:41	0.0	7:49	0.7	5:38	7:59	
6	Wed	2:10	8.0	2:38	7.5	8:15	0.2	8:26	0.7	5:39	7:58	
7	Thu	2:47	7.8	3:14	7.5	8:49	0.3	9:05	0.8	5:40	7:57	
8	Fri	3:25	7.6	3:51	7.5	9:25	0.5	9:46	0.9	5:41	7:55	
9	Sat	4:05	7.3	4:31	7.4	10:04	0.7	10:30	1.0	5:42	7:54	
10	Sun	4:50	7.1	5:14	7.4	10:46	0.8	11:18	1.0	5:43	7:53	
11	Mon	5:38	6.9	6:00	7.5	11:32	1.0			5:44	7:51	
12	Tue	6:30	6.7	6:51	7.6	12:09	1.0	12:21	1.1	5:45	7:50	
13	Wed	7:26	6.7	7:46	7.7	1:04	0.9	1:15	1.0	5:46	7:48	
14	Thu	8:26	6.8	8:44	8.1	2:03	0.7	2:13	0.9	5:47	7:47	
15	Fri	9:25	7.1	9:40	8.5	3:02	0.3	3:12	0.6	5:49	7:45	
16	Sat	10:20	7.5	10:35	8.9	3:57	-0.2	4:08	0.1	5:50	7:44	
17	Sun	11:12	8.0	11:28	9.3	4:50	-0.6	5:02	-0.3	5:51	7:42	
18	Mon			12:04	8.4	5:41	-1.0	5:55	-0.7	5:52	7:41	
19	Tue	12:21	9.5	12:55	8.8	6:31	-1.3	6:48	-0.9	5:53	7:39	
20	Wed	1:14	9.6	1:46	9.1	7:21	-1.4	7:42	-1.1	5:54	7:38	
21	Thu	2:07	9.5	2:37	9.1	8:11	-1.3	8:36	-1.0	5:55	7:36	
22	Fri	3:00	9.2	3:30	9.1	9:02	-1.1	9:32	-0.8	5:56	7:34	
23	Sat	3:57	8.7	4:26	8.9	9:56	-0.7	10:32	-0.5	5:57	7:33	
24	Sun	4:57	8.2	5:24	8.6	10:53	-0.2	11:35	-0.2	5:58	7:31	
25	Mon	6:00	7.8	6:25	8.3	11:53	0.2			6:00	7:30	
26	Tue	7:05	7.4	7:28	8.1	12:39	0.1	12:56	0.6	6:01	7:28	
27	Wed	8:10	7.2	8:31	8.0	1:46	0.3	2:01	0.8	6:02	7:26	
28	Thu	9:12	7.2	9:30	8.0	2:51	0.3	3:04	0.9	6:03	7:25	
29	Fri	10:08	7.2	10:23	8.0	3:48	0.3	3:59	0.8	6:04	7:23	
30	Sat	10:56	7.3	11:09	8.1	4:38	0.2	4:47	0.7	6:05	7:21	
31	Sun	11:40	7.5	11:52	8.1	5:21	0.1	5:30	0.6	6:06	7:19	