US HARBORS www.USHarbors.com

Atlantic Heights, NH - Jul 1998

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	5:46	7.3	6:23	7.4	11:50	0.7			5:07	8:26	
2	Thu	6:39	7.0	7:12	7.3	12:22	1.3	12:39	1.0	5:07	8:26	
3	Fri	7:35	6.8	8:02	7.4	1:17	1.3	1:29	1.1	5:08	8:26	
4	Sat	8:31	6.7	8:52	7.5	2:14	1.2	2:20	1.2	5:09	8:25	
5	Sun	9:25	6.7	9:39	7.7	3:08	1.0	3:10	1.2	5:09	8:25	
6	Mon	10:14	6.8	10:24	7.9	3:56	0.8	3:56	1.2	5:10	8:25	
7	Tue	11:00	6.9	11:06	8.1	4:40	0.5	4:39	1.0	5:11	8:24	
8	Wed	11:44	7.1	11:47	8.3	5:22	0.2	5:21	0.8	5:11	8:24	
9	Thu			12:27	7.3	6:02	0.0	6:04	0.7	5:12	8:24	
10	Fri	12:29	8.5	1:08	7.5	6:43	-0.3	6:47	0.5	5:13	8:23	
11	Sat	1:11	8.7	1:50	7.7	7:24	-0.5	7:32	0.3	5:13	8:23	
12	Sun	1:54	8.8	2:33	7.9	8:07	-0.6	8:19	0.2	5:14	8:22	
13	Mon	2:40	8.8	3:18	8.1	8:52	-0.7	9:08	0.1	5:15	8:22	
14	Tue	3:29	8.6	4:08	8.2	9:40	-0.6	10:02	0.1	5:16	8:21	
15	Wed	4:22	8.4	5:00	8.3	10:30	-0.5	10:59	0.1	5:17	8:20	
16	Thu	5:20	8.2	5:56	8.4	11:24	-0.3			5:18	8:20	
17	Fri	6:21	7.9	6:54	8.5	12:00	0.1	12:21	-0.1	5:18	8:19	
18	Sat	7:26	7.7	7:55	8.5	1:03	0.0	1:21	0.1	5:19	8:18	
19	Sun	8:32	7.6	8:56	8.7	2:09	-0.1	2:23	0.2	5:20	8:17	
20	Mon	9:37	7.6	9:55	8.8	3:14	-0.2	3:25	0.2	5:21	8:17	
21	Tue	10:36	7.7	10:51	8.9	4:14	-0.4	4:23	0.2	5:22	8:16	
22	Wed	11:31	7.8	11:43	8.9	5:09	-0.6	5:16	0.2	5:23	8:15	
23	Thu			12:23	7.9	6:00	-0.7	6:07	0.2	5:24	8:14	
24	Fri	12:33	8.9	1:11	7.9	6:48	-0.7	6:56	0.2	5:25	8:13	
25	Sat	1:20	8.8	1:56	7.9	7:33	-0.5	7:42	0.3	5:26	8:12	
26	Sun	2:04	8.5	2:39	7.8	8:15	-0.3	8:26	0.5	5:27	8:11	
27	Mon	2:48	8.2	3:21	7.7	8:56	-0.1	9:11	0.6	5:28	8:10	
28	Tue	3:31	7.9	4:04	7.6	9:38	0.2	9:57	0.8	5:29	8:09	
29	Wed	4:17	7.5	4:48	7.4	10:20	0.5	10:45	1.0	5:30	8:08	
30	Thu	5:05	7.2	5:34	7.4	11:03	0.8	11:35	1.1	5:31	8:07	
31	Fri	5:55	6.9	6:21	7.3	11:49	1.0			5:32	8:06	