

































Atlantic Heights, NH - Mar 1999

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	10:59	8.5	11:31	7.9	4:35	-0.1	5:09	-0.7	6:19	5:31	
2	Tue	11:45	8.5			5:22	-0.2	5:52	-0.6	6:17	5:32	
3	Wed	12:13	8.0	12:28	8.4	6:06	-0.2	6:31	-0.4	6:15	5:34	
4	Thu	12:52	8.0	1:08	8.1	6:47	-0.2	7:08	-0.2	6:14	5:35	
5	Fri	1:29	7.9	1:48	7.8	7:26	0.0	7:44	0.1	6:12	5:36	
6	Sat	2:06	7.7	2:28	7.5	8:06	0.2	8:22	0.4	6:10	5:37	
7	Sun	2:44	7.6	3:11	7.1	8:48	0.4	9:02	0.8	6:09	5:39	
8	Mon	3:26	7.3	3:58	6.7	9:33	0.7	9:46	1.1	6:07	5:40	
9	Tue	4:11	7.1	4:49	6.5	10:22	0.9	10:34	1.4	6:05	5:41	
10	Wed	5:02	7.0	5:45	6.3	11:16	1.1	11:28	1.5	6:04	5:42	
11	Thu	5:57	6.9	6:44	6.2			12:14	1.1	6:02	5:43	
12	Fri	6:56	7.0	7:44	6.4	12:26	1.6	1:15	1.0	6:00	5:45	
13	Sat	7:55	7.2	8:38	6.7	1:26	1.4	2:11	0.7	5:58	5:46	
14	Sun	8:48	7.6	9:25	7.1	2:21	1.0	3:00	0.3	5:57	5:47	
15	Mon	9:36	8.0	10:09	7.6	3:11	0.6	3:45	-0.1	5:55	5:48	
16	Tue	10:22	8.4	10:52	8.1	3:58	0.1	4:28	-0.5	5:53	5:49	
17	Wed	11:08	8.7	11:34	8.5	4:44	-0.4	5:11	-0.9	5:51	5:51	
18	Thu	11:54	8.9			5:30	-0.9	5:55	-1.1	5:50	5:52	
19	Fri	12:17	8.9	12:40	9.0	6:17	-1.2	6:39	-1.1	5:48	5:53	
20	Sat	1:02	9.1	1:29	8.8	7:05	-1.3	7:26	-1.0	5:46	5:54	
21	Sun	1:48	9.1	2:20	8.5	7:56	-1.2	8:15	-0.7	5:44	5:55	
22	Mon	2:39	8.9	3:16	8.1	8:50	-1.0	9:09	-0.3	5:42	5:57	
23	Tue	3:35	8.6	4:18	7.7	9:50	-0.6	10:09	0.2	5:41	5:58	
24	Wed	4:37	8.3	5:24	7.4	10:54	-0.3	11:13	0.5	5:39	5:59	
25	Thu	5:44	8.0	6:34	7.2			12:03	0.0	5:37	6:00	
26	Fri	6:54	7.9	7:43	7.2	12:23	0.7	1:14	0.1	5:35	6:01	
27	Sat	8:02	7.9	8:45	7.4	1:35	0.7	2:19	0.0	5:34	6:02	
28	Sun	9:03	8.0	9:39	7.6	2:39	0.5	3:15	-0.1	5:32	6:04	
29	Mon	9:57	8.1	10:26	7.9	3:34	0.3	4:04	-0.2	5:30	6:05	
30	Tue	10:44	8.1	11:09	8.0	4:23	0.0	4:48	-0.2	5:28	6:06	
31	Wed	11:28	8.1	11:48	8.1	5:07	-0.1	5:27	-0.1	5:26	6:07	