US HARBORS www.USHarbors.com

Atlantic Heights, NH - Jul 1999

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	1:48	8.2	2:28	7.2	8:02	0.0	8:05	1.0	5:07	8:26	
2	Fri	2:26	8.1	3:06	7.3	8:39	0.0	8:47	0.9	5:07	8:26	
3	Sat	3:06	8.1	3:46	7.4	9:19	0.0	9:32	0.8	5:08	8:26	
4	Sun	3:50	8.0	4:30	7.5	10:02	0.0	10:21	0.8	5:08	8:25	
5	Mon	4:38	7.9	5:18	7.7	10:49	0.0	11:14	0.6	5:09	8:25	
6	Tue	5:32	7.8	6:08	8.0	11:39	0.0			5:10	8:25	
7	Wed	6:29	7.7	7:03	8.2	12:11	0.5	12:32	0.1	5:10	8:24	
8	Thu	7:31	7.6	8:00	8.5	1:11	0.2	1:29	0.1	5:11	8:24	
9	Fri	8:35	7.7	9:00	8.8	2:14	0.0	2:29	0.1	5:12	8:24	
10	Sat	9:39	7.8	9:58	9.1	3:17	-0.4	3:29	0.0	5:13	8:23	
11	Sun	10:39	8.0	10:55	9.4	4:17	-0.8	4:27	-0.2	5:13	8:23	
12	Mon	11:37	8.1	11:50	9.5	5:14	-1.1	5:23	-0.3	5:14	8:22	
13	Tue			12:33	8.3	6:09	-1.2	6:18	-0.3	5:15	8:22	
14	Wed	12:45	9.5	1:27	8.3	7:02	-1.3	7:12	-0.3	5:16	8:21	
15	Thu	1:38	9.4	2:19	8.3	7:53	-1.1	8:06	-0.1	5:17	8:20	
16	Fri	2:30	9.1	3:10	8.2	8:44	-0.9	8:59	0.1	5:17	8:20	
17	Sat	3:22	8.7	4:02	8.0	9:34	-0.5	9:53	0.3	5:18	8:19	
18	Sun	4:15	8.2	4:54	7.9	10:24	-0.1	10:49	0.6	5:19	8:18	
19	Mon	5:10	7.7	5:45	7.7	11:15	0.3	11:46	0.8	5:20	8:18	
20	Tue	6:05	7.3	6:37	7.6			12:06	0.7	5:21	8:17	
21	Wed	7:02	7.0	7:29	7.5	12:43	1.0	12:57	1.0	5:22	8:16	
22	Thu	7:59	6.7	8:22	7.5	1:42	1.0	1:51	1.2	5:23	8:15	
23	Fri	8:57	6.6	9:13	7.5	2:40	1.0	2:45	1.3	5:24	8:14	
24	Sat	9:50	6.7	10:01	7.7	3:34	0.9	3:35	1.3	5:25	8:13	
25	Sun	10:39	6.8	10:45	7.8	4:21	0.7	4:20	1.2	5:26	8:12	
26	Mon	11:23	6.9	11:27	8.0	5:04	0.5	5:02	1.1	5:27	8:11	
27	Tue			12:05	7.1	5:44	0.3	5:42	1.0	5:28	8:10	
28	Wed	12:07	8.1	12:45	7.2	6:21	0.1	6:22	0.8	5:29	8:09	
29	Thu	12:46	8.3	1:23	7.4	6:58	-0.1	7:01	0.7	5:30	8:08	
30	Fri	1:25	8.4	2:00	7.5	7:35	-0.2	7:42	0.5	5:31	8:07	
31	Sat	2:03	8.4	2:37	7.7	8:12	-0.3	8:24	0.4	5:32	8:06	