US HARBORS www.USHarbors.com

Atlantic Heights, NH - Aug 1999

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	2:44	8.4	3:17	7.9	8:53	-0.3	9:09	0.3	5:33	8:05	
2	Mon	3:29	8.3	4:01	8.0	9:36	-0.3	9:59	0.2	5:34	8:04	
3	Tue	4:18	8.1	4:50	8.2	10:23	-0.2	10:53	0.2	5:35	8:02	
4	Wed	5:12	7.9	5:43	8.3	11:14	0.0	11:51	0.1	5:36	8:01	
5	Thu	6:11	7.7	6:39	8.4			12:09	0.1	5:37	8:00	
6	Fri	7:14	7.5	7:40	8.5	12:52	0.1	1:08	0.3	5:38	7:59	
7	Sat	8:21	7.5	8:44	8.6	1:58	0.0	2:12	0.3	5:39	7:57	
8	Sun	9:27	7.6	9:46	8.9	3:04	-0.3	3:15	0.2	5:40	7:56	
9	Mon	10:28	7.8	10:44	9.1	4:05	-0.5	4:16	0.1	5:41	7:55	
10	Tue	11:25	8.0	11:39	9.2	5:02	-0.8	5:12	-0.1	5:43	7:53	
11	Wed			12:19	8.1	5:55	-0.9	6:06	-0.2	5:44	7:52	
12	Thu	12:32	9.2	1:09	8.2	6:45	-0.9	6:57	-0.2	5:45	7:50	
13	Fri	1:23	9.1	1:57	8.3	7:33	-0.8	7:47	-0.2	5:46	7:49	
14	Sat	2:11	8.8	2:42	8.2	8:18	-0.6	8:35	0.0	5:47	7:48	
15	Sun	2:58	8.4	3:28	8.0	9:03	-0.2	9:23	0.3	5:48	7:46	
16	Mon	3:45	8.0	4:14	7.8	9:47	0.2	10:13	0.5	5:49	7:45	
17	Tue	4:35	7.5	5:01	7.6	10:33	0.6	11:05	0.8	5:50	7:43	
18	Wed	5:27	7.1	5:50	7.4	11:21	0.9	11:59	1.0	5:51	7:42	
19	Thu	6:21	6.8	6:41	7.3			12:11	1.2	5:52	7:40	
20	Fri	7:17	6.6	7:35	7.2	12:55	1.1	1:03	1.5	5:54	7:38	
21	Sat	8:15	6.5	8:30	7.3	1:54	1.2	2:00	1.5	5:55	7:37	
22	Sun	9:12	6.5	9:23	7.5	2:51	1.1	2:55	1.5	5:56	7:35	
23	Mon	10:03	6.7	10:11	7.7	3:43	0.8	3:45	1.3	5:57	7:34	
24	Tue	10:48	6.9	10:55	7.9	4:28	0.6	4:30	1.0	5:58	7:32	
25	Wed	11:30	7.2	11:37	8.2	5:08	0.3	5:12	0.7	5:59	7:30	
26	Thu			12:10	7.5	5:47	0.0	5:53	0.4	6:00	7:29	
27	Fri	12:18	8.4	12:49	7.8	6:25	-0.2	6:35	0.2	6:01	7:27	
28	Sat	12:58	8.6	1:27	8.0	7:04	-0.4	7:17	-0.1	6:02	7:25	
29	Sun	1:40	8.6	2:07	8.3	7:44	-0.5	8:01	-0.2	6:03	7:24	
30	Mon	2:23	8.6	2:48	8.5	8:25	-0.5	8:48	-0.3	6:04	7:22	
31	Tue	3:10	8.4	3:34	8.5	9:10	-0.4	9:39	-0.3	6:06	7:20	