US HARBORS www.USHarbors.com

Atlantic Heights, NH - Dec 1999

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	6:26	7.7	6:48	7.6			12:26	0.7	6:54	4:09	
2	Thu	7:26	7.7	7:51	7.4	12:56	0.3	1:31	0.6	6:55	4:09	
3	Fri	8:21	7.8	8:48	7.4	1:54	0.4	2:29	0.4	6:56	4:08	
4	Sat	9:09	8.0	9:38	7.4	2:45	0.5	3:20	0.2	6:57	4:08	
5	Sun	9:53	8.1	10:24	7.4	3:31	0.6	4:05	0.0	6:58	4:08	
6	Mon	10:33	8.1	11:06	7.3	4:12	0.6	4:46	0.0	6:59	4:08	
7	Tue	11:11	8.1	11:46	7.3	4:50	0.7	5:25	-0.1	7:00	4:08	
8	Wed	11:47	8.1			5:27	0.8	6:01	0.0	7:01	4:08	
9	Thu	12:24	7.2	12:23	8.0	6:02	0.8	6:36	0.0	7:02	4:08	
10	Fri	1:00	7.1	12:58	7.9	6:37	0.9	7:11	0.1	7:03	4:08	
11	Sat	1:37	7.0	1:34	7.8	7:14	1.0	7:47	0.2	7:04	4:08	
12	Sun	2:14	6.9	2:12	7.7	7:54	1.1	8:27	0.3	7:05	4:08	
13	Mon	2:55	6.9	2:55	7.5	8:36	1.2	9:09	0.4	7:05	4:08	
14	Tue	3:39	6.9	3:42	7.4	9:24	1.2	9:56	0.5	7:06	4:08	
15	Wed	4:26	7.0	4:35	7.3	10:16	1.1	10:45	0.5	7:07	4:08	
16	Thu	5:15	7.2	5:30	7.3	11:11	1.0	11:36	0.4	7:08	4:09	
17	Fri	6:08	7.5	6:30	7.3			12:10	0.7	7:08	4:09	
18	Sat	7:02	7.9	7:31	7.5	12:31	0.3	1:10	0.3	7:09	4:09	
19	Sun	7:58	8.4	8:31	7.7	1:28	0.1	2:10	-0.3	7:10	4:10	
20	Mon	8:52	8.8	9:28	8.0	2:24	-0.1	3:06	-0.8	7:10	4:10	
21	Tue	9:44	9.3	10:23	8.3	3:19	-0.4	4:01	-1.3	7:11	4:10	
22	Wed	10:37	9.6	11:18	8.5	4:12	-0.6	4:54	-1.6	7:11	4:11	
23	Thu	11:30	9.7			5:05	-0.8	5:47	-1.7	7:12	4:11	
24	Fri	12:12	8.5	12:24	9.7	5:59	-0.8	6:40	-1.7	7:12	4:12	
25	Sat	1:06	8.5	1:18	9.5	6:53	-0.6	7:33	-1.5	7:12	4:13	
26	Sun	2:00	8.3	2:13	9.1	7:48	-0.4	8:28	-1.1	7:13	4:13	
27	Mon	2:56	8.1	3:11	8.6	8:46	-0.1	9:24	-0.7	7:13	4:14	
28	Tue	3:55	7.9	4:12	8.1	9:48	0.2	10:22	-0.2	7:13	4:15	
29	Wed	4:54	7.7	5:14	7.6	10:51	0.5	11:20	0.2	7:14	4:15	
30	Thu	5:52	7.6	6:17	7.2	11:56	0.6			7:14	4:16	
31	Fri	6:50	7.5	7:20	7.0	12:19	0.5	1:01	0.7	7:14	4:17	