US HARBORS www.USHarbors.com

Atlantic Heights, NH - Dec 2000

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	**3:02**	6.8	**3:01**	7.4	**8:41**	1.4	**9:18**	0.6	6:55	4:09	
2	Sat	**3:49**	6.7	**3:50**	7.2	**9:29**	1.5	**10:05**	0.8	6:56	4:08	
3	Sun	**4:38**	6.7	**4:42**	7.0	**10:21**	1.6	**10:53**	0.9	6:57	4:08	
4	Mon	**5:28**	6.7	**5:36**	6.9	**11:14**	1.5	**11:42**	0.9	6:58	4:08	
5	Tue	**6:17**	6.9	**6:31**	6.9			**12:10**	1.4	6:59	4:08	
6	Wed	**7:07**	7.2	**7:27**	7.0	**12:33**	0.9	**1:06**	1.1	7:00	4:08	
7	Thu	**7:55**	7.6	**8:20**	7.2	**1:24**	0.7	**2:00**	0.6	7:01	4:08	
8	Fri	**8:41**	8.0	**9:11**	7.5	**2:13**	0.5	**2:50**	0.1	7:02	4:08	
9	Sat	**9:25**	8.5	**9:59**	7.7	**3:00**	0.2	**3:38**	-0.4	7:03	4:08	
10	Sun	**10:11**	8.9	**10:48**	8.0	**3:46**	0.0	**4:25**	-0.9	7:04	4:08	
11	Mon	**10:57**	9.2	**11:37**	8.1	**4:34**	-0.2	**5:14**	-1.2	7:04	4:08	
12	Tue	**11:46**	9.4			**5:23**	-0.4	**6:03**	-1.4	7:05	4:08	
13	Wed	**12:28**	8.2	**12:37**	9.5	**6:13**	-0.4	**6:55**	-1.4	7:06	4:08	
14	Thu	**1:20**	8.2	**1:30**	9.3	**7:06**	-0.4	**7:47**	-1.3	7:07	4:08	
15	Fri	**2:14**	8.1	**2:26**	9.0	**8:01**	-0.2	**8:43**	-1.0	7:07	4:08	
16	Sat	**3:13**	8.0	**3:27**	8.6	**9:01**	0.0	**9:42**	-0.7	7:08	4:09	
17	Sun	**4:15**	7.9	**4:32**	8.2	**10:06**	0.3	**10:44**	-0.3	7:09	4:09	
18	Mon	**5:17**	7.8	**5:38**	7.8	**11:13**	0.4	**11:45**	0.0	7:09	4:09	
19	Tue	**6:19**	7.9	**6:45**	7.5			**12:22**	0.4	7:10	4:10	
20	Wed	**7:20**	7.9	**7:51**	7.4	**12:48**	0.2	**1:29**	0.3	7:11	4:10	
21	Thu	**8:17**	8.1	**8:50**	7.4	**1:48**	0.4	**2:30**	0.1	7:11	4:11	
22	Fri	**9:09**	8.2	**9:44**	7.3	**2:43**	0.4	**3:24**	-0.1	7:12	4:11	
23	Sat	**9:56**	8.2	**10:32**	7.3	**3:32**	0.5	**4:12**	-0.2	7:12	4:12	
24	Sun	**10:39**	8.3	**11:16**	7.3	**4:17**	0.6	**4:56**	-0.3	7:12	4:12	
25	Mon	**11:20**	8.2	**11:58**	7.3	**4:59**	0.6	**5:36**	-0.3	7:13	4:13	
26	Tue	**11:59**	8.2			**5:38**	0.7	**6:14**	-0.2	7:13	4:14	
27	Wed	**12:37**	7.2	**12:36**	8.1	**6:15**	0.8	**6:50**	-0.1	7:13	4:14	
28	Thu	**1:14**	7.1	**1:13**	7.9	**6:52**	0.9	**7:26**	0.0	7:14	4:15	
29	Fri	**1:51**	7.0	**1:50**	7.7	**7:30**	1.0	**8:03**	0.2	7:14	4:16	
30	Sat	**2:29**	6.9	**2:29**	7.5	**8:10**	1.1	**8:41**	0.3	7:14	4:17	
31	Sun	**3:10**	6.9	**3:12**	7.3	**8:53**	1.2	**9:22**	0.5	7:14	4:18	