

Atlantic Heights, NH - Dec 2000

| Date | | High | | | | Low | | | | ☀ | | ☾ |
|------|-----|-------|-----|-------|-----|-------|------|-------|------|------|------|------|
| | | AM | ft | PM | ft | AM | ft | PM | ft | Rise | Set | Moon |
| 1 | Fri | 3:02 | 6.8 | 3:01 | 7.4 | 8:41 | 1.4 | 9:18 | 0.6 | 6:55 | 4:09 | ☾ |
| 2 | Sat | 3:49 | 6.7 | 3:50 | 7.2 | 9:29 | 1.5 | 10:05 | 0.8 | 6:56 | 4:08 | ☾ |
| 3 | Sun | 4:38 | 6.7 | 4:42 | 7.0 | 10:21 | 1.6 | 10:53 | 0.9 | 6:57 | 4:08 | ☾ |
| 4 | Mon | 5:28 | 6.7 | 5:36 | 6.9 | 11:14 | 1.5 | 11:42 | 0.9 | 6:58 | 4:08 | ☾ |
| 5 | Tue | 6:17 | 6.9 | 6:31 | 6.9 | | | 12:10 | 1.4 | 6:59 | 4:08 | ☾ |
| 6 | Wed | 7:07 | 7.2 | 7:27 | 7.0 | 12:33 | 0.9 | 1:06 | 1.1 | 7:00 | 4:08 | ☾ |
| 7 | Thu | 7:55 | 7.6 | 8:20 | 7.2 | 1:24 | 0.7 | 2:00 | 0.6 | 7:01 | 4:08 | ☾ |
| 8 | Fri | 8:41 | 8.0 | 9:11 | 7.5 | 2:13 | 0.5 | 2:50 | 0.1 | 7:02 | 4:08 | ☾ |
| 9 | Sat | 9:25 | 8.5 | 9:59 | 7.7 | 3:00 | 0.2 | 3:38 | -0.4 | 7:03 | 4:08 | ☾ |
| 10 | Sun | 10:11 | 8.9 | 10:48 | 8.0 | 3:46 | 0.0 | 4:25 | -0.9 | 7:04 | 4:08 | ☾ |
| 11 | Mon | 10:57 | 9.2 | 11:37 | 8.1 | 4:34 | -0.2 | 5:14 | -1.2 | 7:04 | 4:08 | ☾ |
| 12 | Tue | 11:46 | 9.4 | | | 5:23 | -0.4 | 6:03 | -1.4 | 7:05 | 4:08 | ☾ |
| 13 | Wed | 12:28 | 8.2 | 12:37 | 9.5 | 6:13 | -0.4 | 6:55 | -1.4 | 7:06 | 4:08 | ☾ |
| 14 | Thu | 1:20 | 8.2 | 1:30 | 9.3 | 7:06 | -0.4 | 7:47 | -1.3 | 7:07 | 4:08 | ☾ |
| 15 | Fri | 2:14 | 8.1 | 2:26 | 9.0 | 8:01 | -0.2 | 8:43 | -1.0 | 7:07 | 4:08 | ☾ |
| 16 | Sat | 3:13 | 8.0 | 3:27 | 8.6 | 9:01 | 0.0 | 9:42 | -0.7 | 7:08 | 4:09 | ☾ |
| 17 | Sun | 4:15 | 7.9 | 4:32 | 8.2 | 10:06 | 0.3 | 10:44 | -0.3 | 7:09 | 4:09 | ☾ |
| 18 | Mon | 5:17 | 7.8 | 5:38 | 7.8 | 11:13 | 0.4 | 11:45 | 0.0 | 7:09 | 4:09 | ☾ |
| 19 | Tue | 6:19 | 7.9 | 6:45 | 7.5 | | | 12:22 | 0.4 | 7:10 | 4:10 | ☾ |
| 20 | Wed | 7:20 | 7.9 | 7:51 | 7.4 | 12:48 | 0.2 | 1:29 | 0.3 | 7:11 | 4:10 | ☾ |
| 21 | Thu | 8:17 | 8.1 | 8:50 | 7.4 | 1:48 | 0.4 | 2:30 | 0.1 | 7:11 | 4:11 | ☾ |
| 22 | Fri | 9:09 | 8.2 | 9:44 | 7.3 | 2:43 | 0.4 | 3:24 | -0.1 | 7:12 | 4:11 | ☾ |
| 23 | Sat | 9:56 | 8.2 | 10:32 | 7.3 | 3:32 | 0.5 | 4:12 | -0.2 | 7:12 | 4:12 | ☾ |
| 24 | Sun | 10:39 | 8.3 | 11:16 | 7.3 | 4:17 | 0.6 | 4:56 | -0.3 | 7:12 | 4:12 | ☾ |
| 25 | Mon | 11:20 | 8.2 | 11:58 | 7.3 | 4:59 | 0.6 | 5:36 | -0.3 | 7:13 | 4:13 | ☾ |
| 26 | Tue | 11:59 | 8.2 | | | 5:38 | 0.7 | 6:14 | -0.2 | 7:13 | 4:14 | ☾ |
| 27 | Wed | 12:37 | 7.2 | 12:36 | 8.1 | 6:15 | 0.8 | 6:50 | -0.1 | 7:13 | 4:14 | ☾ |
| 28 | Thu | 1:14 | 7.1 | 1:13 | 7.9 | 6:52 | 0.9 | 7:26 | 0.0 | 7:14 | 4:15 | ☾ |
| 29 | Fri | 1:51 | 7.0 | 1:50 | 7.7 | 7:30 | 1.0 | 8:03 | 0.2 | 7:14 | 4:16 | ☾ |
| 30 | Sat | 2:29 | 6.9 | 2:29 | 7.5 | 8:10 | 1.1 | 8:41 | 0.3 | 7:14 | 4:17 | ☾ |
| 31 | Sun | 3:10 | 6.9 | 3:12 | 7.3 | 8:53 | 1.2 | 9:22 | 0.5 | 7:14 | 4:18 | ☾ |