US HARBORS www.USHarbors.com

Atlantic Heights, NH - Jan 2003

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	9:54	8.9	10:39	7.7	3:28	0.1	4:15	-0.9	7:14	4:18	
2	Thu	10:47	9.0	11:32	7.7	4:21	0.1	5:07	-1.0	7:14	4:19	
3	Fri	11:38	8.9			5:13	0.1	5:57	-1.0	7:14	4:20	
4	Sat	12:22	7.7	12:27	8.8	6:03	0.2	6:45	-0.8	7:14	4:21	
5	Sun	1:09	7.5	1:15	8.5	6:51	0.3	7:31	-0.5	7:14	4:22	
6	Mon	1:56	7.4	2:02	8.2	7:39	0.5	8:17	-0.2	7:14	4:23	
7	Tue	2:43	7.2	2:49	7.7	8:28	0.7	9:03	0.2	7:14	4:24	
8	Wed	3:30	7.1	3:40	7.3	9:19	1.0	9:49	0.5	7:14	4:25	
9	Thu	4:19	7.0	4:32	6.9	10:13	1.2	10:36	0.8	7:13	4:26	
10	Fri	5:07	6.9	5:27	6.6	11:08	1.3	11:24	1.1	7:13	4:27	
11	Sat	5:57	6.9	6:24	6.3			12:05	1.3	7:13	4:28	
12	Sun	6:48	7.0	7:23	6.2	12:15	1.4	1:04	1.2	7:13	4:29	
13	Mon	7:40	7.1	8:20	6.3	1:08	1.5	2:00	1.0	7:12	4:30	
14	Tue	8:29	7.3	9:11	6.4	2:01	1.4	2:51	0.7	7:12	4:31	
15	Wed	9:15	7.5	9:57	6.6	2:49	1.3	3:36	0.4	7:11	4:33	
16	Thu	9:59	7.8	10:40	6.8	3:33	1.1	4:18	0.1	7:11	4:34	
17	Fri	10:41	8.1	11:22	7.0	4:15	0.9	4:59	-0.2	7:10	4:35	
18	Sat	11:22	8.4			4:57	0.6	5:39	-0.4	7:10	4:36	
19	Sun	12:02	7.2	12:05	8.6	5:40	0.4	6:20	-0.7	7:09	4:37	
20	Mon	12:43	7.5	12:47	8.7	6:24	0.1	7:01	-0.8	7:08	4:39	
21	Tue	1:24	7.7	1:32	8.7	7:10	0.0	7:44	-0.8	7:08	4:40	
22	Wed	2:08	7.8	2:20	8.5	7:58	-0.1	8:30	-0.7	7:07	4:41	
23	Thu	2:55	8.0	3:12	8.2	8:51	-0.1	9:19	-0.5	7:06	4:43	
24	Fri	3:47	8.0	4:10	7.8	9:48	-0.1	10:12	-0.2	7:05	4:44	
25	Sat	4:41	8.1	5:12	7.4	10:49	0.0	11:08	0.1	7:05	4:45	
26	Sun	5:40	8.1	6:18	7.1	11:54	0.0			7:04	4:46	
27	Mon	6:42	8.1	7:28	7.0	12:09	0.4	1:02	0.0	7:03	4:48	
28	Tue	7:47	8.1	8:35	7.0	1:15	0.6	2:11	-0.2	7:02	4:49	
29	Wed	8:49	8.3	9:36	7.1	2:20	0.6	3:12	-0.4	7:01	4:50	
30	Thu	9:46	8.4	10:31	7.3	3:19	0.5	4:07	-0.5	7:00	4:52	
31	Fri	10:39	8.5	11:21	7.4	4:13	0.3	4:58	-0.6	6:59	4:53	